

WESTMINSTER

SPRING
2010

City Newsletter & Recreation Program Guide

Visit our Website at:
www.westminster-ca.gov



Creating Community through People, Parks & Programs



www.activenet.active.com/westminster



You are invited to the

Westminster Mayor's Ball

Saturday, June 19th at 5:30 p.m.

Westminster Rose Center

\$45 per person /\$75 per couple

Call now for reservations (714) 898-3311, ext. 3178



SUMMER AQUATICS



Registration begins May 3rd

For more information please visit our website:

www.westminster-co.gov

City of Westminster Adult Softball

Spring/Summer League
begins week of May 10.

Registration fee is **\$255.00** per team,
plus **\$20.00** per game paid to
the officials on the field.

No Clue



Fall 2009 Champions

For more information, please call the
Sports Office (714) 548-3671.

City of Westminster ♦ Spring 2010

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Spring Highlights

March 27

Breakfast with The Easter Bunny

March 29

Spring Class Registration Begins

April 5 - 9

Spring Break Club Westminster

April 18

Pitch, Hit, & Run Competition

April 18-24

Keep America Beautiful

April 19

Watch out for Summer Brochure

May 3

Summer Registration Begins

May 10

Adult Softball Begins

May 31

Memorial Day ~ City Offices Closed

June 14

Flag Day

June 19

Mayor's Ball

CLASS REMINDERS

1. Most recreation classes will begin the week of April 12, 2010. Please check your starting date carefully.
2. Classes may be cancelled if minimum enrollment is not met prior to class starting date. Don't miss out!

BE SURE TO REGISTER EARLY!

Internet access to Westminster City Council Meetings

Check the city's website at www.westminster-ca.gov for information about viewing live and archived City Council meetings. If you have Internet access, you can follow the meeting live with a video stream on your computer. You will also have access to an archive of recent City Council meetings if you are interested in viewing a particular meeting segment along with meeting agendas and minutes.

WESTMINSTER

SPRING 2010

Council Thoughts • Spring

Despite continuing economic difficulties and the resulting financial restrictions placed on city governments, Westminster Mayor Rice, Mayor Pro Tem Fry and Council Members Diep, Quach and Ta remain optimistic and see much to be grateful for in our community.

It is challenging to maintain the high level of services Westminster residents deserve given the reduction in revenue currently being experienced. But as a new spring season begins with its promise of renewed growth, we are proud of the team effort that has resulted in many recent accomplishments that benefit our residents.

A particularly positive addition to our civic center is the outdoor senior exercise area recently developed. This project was initiated by the Senior Center Foundation who requested funding from County of Orange First District Supervisor Janet Nguyen for outdoor exercise equipment. Supervisor Nguyen and her staff were able to provide \$45,000 in funding for city staff to purchase safe and durable outdoor exercise equipment that uses an exerciser's body weight for resistance. This equipment provides a convenient means for seniors and other citizens and visitors to improve their health and fitness at no cost.

For many years, a shuffleboard court occupied unused space behind the Community Services Building. Now with the installation of outdoor exercise equipment, this area is quickly becoming a community meeting place attracting people looking for a comfortable work-out routine and an opportunity to meet and exercise with others.

In February, City staff working with community leaders produced one of our best TET Parades ever with funding obtained from sponsors. Mayor Rice especially thanks Councilman Andy Quach who served as Council Liaison for his efforts in organizing this event and raising the necessary funds.

These are just two examples of the kind of innovation and teamwork required to meet the needs of our citizens during a tough economic climate. We remain confident that working together our community will continue to find new and innovative ways to meet future needs and challenges.

WTV-3

To watch WTV-3 on the City's website www.westminster-ca.gov, click the Cool Click on the homepage, or find WTV-3 in the Community Services tab!



CITY OF WESTMINSTER WESTMINSTER CITY HALL

8200 Westminister Blvd.
Monday – Thursday 7:30 a.m.- 5:30 p.m.
Friday 7:30 a.m. - 4:30 p.m.
Closed alternate Fridays
(714) 898-3311

CITY COUNCIL

Meetings are held the
2nd & 4th Wednesdays
of the month in the
Council Chambers
at 7:00 p.m.
8200 Westminister Blvd.

Margie L. Rice
MAYOR
(714) 548-3183

Frank G. Fry
MAYOR PRO TEM
(714) 548-3180

Tyler Diep
COUNCIL MEMBER
(714) 548-3181

Andy Quach
COUNCIL MEMBER
(714) 548-3182

Tri Ta
MAYOR PRO TEM
(714) 548-3179

Donald D. Lamm
CITY MANAGER
(714) 548-3171

SPECIAL ACTIVITIES & INFORMATION



COMMUNITY SERVICES & RECREATION DEPARTMENT

8200 Westminster Boulevard
Monday – Thursday • 7:30 a.m. – 5:30 p.m.
Alternate Fridays • 7:30 a.m. – 4:30 p.m.

RECREATION PROGRAMS

FACILITY RENTALS

714-895-2860

SENIOR CENTER

714-895-2878

DAMAGE TO PARKS/GRAFFITI HOTLINE

714-895-2876

COMMUNITY SERVICES & RECREATION COMMISSION

Leo Lopez, Chairperson
Jerry Meade, Vice Chairperson
Nhi Ho
Miriam Aguillares
Jacko Luong

COMMUNITY SERVICES & RECREATION DEPARTMENT STAFF

Community Services Director
Greg Johnson

Assistant Community Services Director
Diana Dobbert

Senior Services Supervisor
Claire Hutchinson

Community Services Supervisor
Vanessa Johnson

Family Resource Center Supervisor
Delma Salmeron

Cable TV Production Supervisor
LaVada Cordasco

Community Services Coordinators:
Stacy Yoshida – Sports
Pam Gremling – Special Events

Administrative Assistant
Jennifer Espinoza

The City of Westminster does not discriminate on the basis of race, color, national origin, sex, religion, age, or handicapped status in employment or the provision of services.

SPECIAL EVENTS



BREAKFAST WITH THE EASTER BUNNY

Get ready for a hopping good time! Join us for a springtime event you won't want to miss! On **Saturday, March 27**, from 9:00 to 11:00 a.m. enjoy a pancake breakfast, crafts, egg hunt, and photos with the Easter Bunny. Adults are encouraged to bring their cameras to capture the special moment. Ticket prices are \$7.00 for adults and children. Children must be accompanied by an adult. **SPACE IS LIMITED, SO PLEASE REGISTER EARLY!!!** For more information, please call the department at (714) 548-3671.

8010.201 \$7.00 – Adults & Children (ages 2+)

PITCH, HIT & RUN LOCAL COMPETITION

The Community Services & Recreation Department will be hosting a free Aquafina Major League Baseball Pitch, Hit & Run Competition on **Sunday, April 18, 2010** at **Park West Park**, 8301 McFadden Ave. from **9:00 a.m. to 12:00 noon**.

Aquafina MLB Pitch, Hit & Run is a skills competition that allows youth to showcase their pitching, hitting and running abilities. Competitors are divided into four age divisions: 7/8, 9/10, 11/12, 13/14, and have the chance to advance through four levels of competition, including Local and Sectional competitions, Team Championships hosted at Major League ballparks, and the 2010 PHR National Finals hosted during the MLB All-Star Game in Anaheim.

Participants may register the day of the event and must bring a copy of their birth certificate and complete a registration/waiver form prior to the start of the competition. For more information, please contact the Sports Office at (714) 548-3671.



SPECIAL ACTIVITIES

CLUB WESTMINSTER SPRING PARKS PROGRAM

Are you looking for something to do after a long, hard day at school? Check out Club Westminster! This recreation program is **free** for elementary school aged children. As a drop-in program, participants DO NOT sign-in or out and may come and go freely. After School recreation fun includes arts & crafts, playground games, sports and much more. Park locations will be open Monday through Friday from 2:30 to 5:00 p.m.

Bolsa Chica Park	13660 University St.	Park Phone (714) 897-5911
Liberty Park	13900 Monroe St.	Park Phone (714) 412-2617
Sigler Park	7200 Plaza St.	Park Phone (714) 715-0262

SPECIAL SPRING BREAK SCHEDULE

The After School Parks Program will be extending hours during spring break at Bolsa Chica, Sigler, and Liberty Parks. Park hours will be from **10:00 a.m. to 4:00 p.m.** beginning **Monday, April 5 through Friday, April 9.**

SUMMER EMPLOYMENT OPPORTUNITIES

The Community Services and Recreation Department is seeking employees for our summer aquatics and parks programs. Programs begin mid-June and end in late August. Anyone interested in either program should complete an application at the Community Services and Recreation Department, 8200 Westminster Blvd., or call (714) 895-2860, for more information. Applications should be completed as soon as possible.

Aquatics Qualifications: Certification in Lifeguarding; WSI, CPR, and First Aid are required for Instructor/Lifeguard positions. Previous aquatic experience highly desirable.

Parks and Playground Qualifications:

Senior Recreation Leader: Minimum of two years experience or college in recreation, physical education, human services, or other related field. Knowledge of a variety of sports, crafts, and games. Ability to organize and supervise group activities; provide leadership for staff and participants. Prior experience working with children is a must.

Recreation Leader: Must be 17 years of age. Knowledge of a variety of sports, crafts, and games. Prior experience working with children is desired.

An enthusiastic, positive attitude is a must for all potential department employees!!

YOUTH SPORTS CONTACTS

American Youth Soccer Organization (AYSO)

Region 5 • (714) 927-5969

Region 143 • HOTLINE • (888) 714-2774

Westminster Little League • (714) 894-1578

Westminster Pony Baseball • (714) 892-0043

National Junior Basketball (NJB) • (714) 917-3565

Junior All-American Football • (714) 299-7619

YOUTH SPORTS

SOCCER STARS

Kick into a fun time and learn the basic fundamentals of soccer. Learn to dribble, pass, shoot and defend. Program will cover aspects of defensive and offensive play. Participants should dress in comfortable clothes and tennis shoes (no cleats). No practice 5/31.

Instructor: Recreation Staff

Ages: 8-12 yrs.

Fee: \$20.00 (Includes T-shirt)

Length: 8 weeks

6010.201 Sigler Park M 4/12/10

3:30-4:30 p.m.



LIL' KICKERS

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Participants should dress in comfortable clothes and tennis shoes (no cleats).

Instructor: Recreation Staff

Ages: 5-7 yrs.

Fee: \$20.00 (Includes T-shirt)

Length: 8 weeks

6010.202 Liberty Park Tu 4/13/10

3:45-4:30 p.m.

SPECIAL ACTIVITIES



MINI SPORTS

Here's a chance for the 3 and 4 year old youngsters to experience a variety of sports in one class. This program introduces children to three very popular sports: basketball, soccer and t-ball. They will play games while learning to dribble, pass, catch and kick. Parent participation is required.

Instructor: Recreation Staff *Ages: 3-4 yrs.*
Fee: \$15.00 (Includes T-shirt) *Length: 6 weeks*

6020.201	Sigler Park	Sa	4/17/10	9:30-10:15 a.m.
6020.202	Sigler Park	Sa	4/17/10	10:30-11:15 a.m.



CHEERLEADING

Aspiring cheerleaders will learn basic cheer moves, jumps, and stunts in a safe environment. Wear comfortable clothes and tennis shoes. Skills learned will be showcased at the soccer and flag football games. Each participant will receive a t-shirt along with a set of pom-poms and a mini-megaphone. No practice 5/31.

Instructor: Recreation Staff *Ages: 6-12 yrs.*
Fee: \$25.00 *Length: 8 weeks*

6010.203	Sigler Park	M/W	4/12/10	3:45-4:30 p.m.
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FLAG FOOTBALL

Boys and girls are invited to participate in the Youth Flag Football program. Participants will develop their playing skills, learn the rules of the game, build teamwork, engage in social interaction, build character and make new friends.

Instructor: Recreation Staff *Ages: 6-12 yrs.*
Fee: \$20.00 (Includes T-shirt) *Length: 8 weeks*

6010.204	Sigler Park	W	4/14/10	3:30-4:30 p.m.
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YOUTH HOOPSTERS

This is a non-competitive program designed for recreational play. Coaches will teach the fundamentals of the sport, emphasizing teamwork, passing, dribbling and shooting.

Instructor: Recreation Staff *Ages: 8-12 yrs.*
Fee: \$20.00 (Includes T-shirt) *Length: 8 weeks*

6010.205	Bolsa Chica Park	Th	4/15/10	3:30-4:30 p.m.
6010.206	Liberty Park	Th	4/15/10	3:30-4:30 p.m.

PEE-WEE HOOPSTERS

Participants will learn the beginning fundamentals and basic skills of basketball. Coaches will teach techniques that will help improve the children's abilities while having fun learning the sport. Adjustable rims and junior sized basketballs will be used.

Instructor: Recreation Staff *Ages: 5-7 yrs.*
Fee: \$20.00 (Includes T-shirt) *Length: 8 weeks*

6010.207	Bolsa Chica Park	F	4/16/10	3:45-4:30 p.m.
6010.208	Liberty Park	F	4/16/10	3:45-4:30 p.m.

Thinking About Summer Already?

**See Our Summer Camps
on the Inside Back Cover**



RECREATIONAL CLASSES

ACADEMICS

READING & MATH TUTORIAL STRATEGIES FOR SUCCESS ~ NEW!

Does your child need extra assistance in reading, math, or writing? This class will teach the strategies/tips that students can use in their schoolwork to equal success. This credentialed instructor has multi-grade experience and the knowledge of how to group teach subjects with multi-aged participants. Please bring a pencil and paper to class

Instructor: Amanda Cruz, California Credentialed Teacher

Grades: 1st-3rd & 4th-6th

Fee: \$45

Location: Stanton Community/Civic Center Length: 5 weeks

0000.201 M & W 4/5/10 4:30-5:30 p.m. (1st-3rd grade)

0000.202 M & W 4/5/10 5:30-6:30 p.m. (4th-6th grade)

SPANISH FOR PRESCHOOLERS

This is a unique learning language experience designed for young children 3-5 years old. This course combines TPR (Total Physical Response) activities, music, movement, and hands-on arts and crafts. This effective method introduces youngsters to acquire a second language much in the same way as learning one's native language, by experiencing it. \$5 material fee due at first class.

Instructor: CALINK Institute Staff

Ages: 3-5 yrs.

Fee: \$130 (+ material fee)

Length: 8 weeks

Location: Fountain Valley Senior Center

Min: 5 Max: 7

(Lecture Room)

0000.203 Tu 4/13/10 4:30-5:20 p.m.

*No class on 5/25. Makeup class on 6/8.

SPANISH FOR CHILDREN

This fun class opens a window of opportunity for children. Exploring the world of foreign language at an early age puts children ahead of the rest! Children will be introduced to greetings, colors, numbers, shapes, and animals, through vocabulary and bingo games in a fun and easy way. \$5 material fee due at first class.

Instructor: CALINK Institute Staff

Ages: 6-12 yrs.

Fee: \$130 (+ material fee)

Length: 8 weeks

Location: Fountain Valley Senior Center

Min: 5 Max: 7

(Lecture Room)

0000.204 Tu 4/13/10 5:30-6:30 p.m.

*No class on 5/25. Makeup class on 6/8.

SPANISH LEVEL 1 and TUTORING ~ NEW!

Learn Spanish with this innovative course that emphasizes vocabulary method development. Gradually acquire basic communication skills through listening and speaking at a "survival level" of proficiency. You will benefit from a supportive learning environment that utilizes effective second language acquisition techniques. This class will help non-natives increase their potential for long-term career success by learning oral and written communication skills in Spanish. Course is also open to high school students who need tutoring. A \$5 material fee is due at first class. For more information, e-mail alimig@cox.net

Instructor: CALINK Institute Staff

Ages: 13 yrs. +

Fee: \$130 (+ material fee)

Length: 8 weeks

Location: Fountain Valley Senior Center

Min: 5 Max: 7

(Lecture Room)

0000.205 Tu 4/13/10 6:30-7:30 p.m.

*No class on 5/25. Makeup class on 6/8.

SPANISH INTERMEDIATE/ADVANCED

This combo class will help those students wishing to polish their basic skills while participating in challenging conversation. In the Intermediate level, provides continued enhancement of listening and reading comprehension with practice in speaking and writing Spanish. Students make significant progress on vocabulary building while developing grammatical accuracy. In the Advanced Level, students learn to master the language by using the appropriate verb in the right tense and enhance their fluency in the Spanish language. This course also includes enhanced cultural and literary reading materials. For more information, please e-mail the instructor at alimig@cox.net. A \$5 material fee is payable at the first class meeting.

Instructor: CALINK Institute Staff

Ages: 18 yrs. +

Fee: \$130 (+ material fee)

Length: 8 weeks

Location: Fountain Valley Senior Center

Min: 5 Max: 12

(Lecture Room)

0000.206 Tu 4/13/10 7:30-8:30 p.m.

*No class on 5/25. Makeup class on 6/8.



ONLINE YOU'RE FIRST IN LINE!

Register online for any recreation activities at

www.activenet.active.com/westminster

It's quick, easy and always available for you!

RECREATIONAL CLASSES



WRITING ACADEMY - Grades 2-4

Qualified instructors will lead this course for students in grades 2-4. Topics include sentences, paragraphs, and beginning essays. Handwriting practice will also be included. Students will learn how to pre-write, draft, revise, edit and publish. There will be a \$10 material fee due to instructor at the first class.

Instructor: Racquel Hernandez and staff Grades: 2-4
 Fee: \$89 (+ material fee) Length: 4 weeks
 Location: WCSB Craft Room Min: 5 Max: 35
 0000.207 Sa 4/17/10 9:00-11:00 a.m.

SAT PREPARATION - MATH and ENGLISH

Qualified instructors will lead this SAT Prep Course. Topics include the six areas of mathematics tested, essay writing, vocabulary, and grammar. Practice tests and test taking strategies will be included. There will be a \$20 material fee for the SAT Test Prep Book.

Instructor: Racquel Hernandez and staff Age: 14-18 yrs.
 Fee: \$89 (+ material fee) Length: 4 weeks
 Location: WCSB Craft Room Min: 5 Max: 35
 0000.208 Sa 4/17/10 12:00-2:00 p.m.

ARTS & CRAFTS

ART AS THERAPY ~ NEW!

Relax and enjoy the wonders of art while involving yourself in drawing, painting, and more. This class is geared for those needing to express themselves in a creative atmosphere. There is a \$30 material fee at the first meeting which will cover ALL materials.

Instructor: Pati Kent Ages: 13 yrs. +
 Fee: \$75 (+ materials fee) Length: 4 weeks
 Location: WCSB Craft Room Min: 3 Max: 20
 1000.201 W 4/14/10 12:00-1:00 p.m.
 1000.202 W 5/12/10 * 12:00-1:00 p.m.

*No Class on 6/2/10. Makeup class on 6/9/10.

DRAWING AND PAINTING for TEENS & ADULTS!

Maximize your time! This class is designed for beginning and intermediate students who would like to learn the necessary skills of drawing and painting. Learn at your own pace and boost your confidence by learning in a supportive atmosphere. The lessons will be alternated, drawing one week, painting the next. **Note: Please ask for the materials list when registering for this class, and bring all materials to the first class meeting.**

Instructor: Pati Kent Ages: 12 yrs. +
 Fee: \$85 (+ materials) Length: 5 weeks
 Location: WCSB Craft Room Min: 4 Max: 20
 1000.203 W 4/14/10 1:15-2:45 p.m.
 1000.204 W 5/19/10* 1:15-2:45 p.m.

*No Class on 6/2/10. Makeup on 6/23/10 at WCSB E/W Room.



CHILDREN'S MASTERPIECES with Pencils & Paints!

Taught by professional artist, Pati Kent, children learn the necessary skills needed to inspire and improve their paintings and drawings, and have FUN while doing it! Classes alternate: drawing one week; painting the next. Beginners welcome!! **Note: Please ask for the materials list when registering for this class, and bring all materials to the first class meeting. Class will end with an informal art show of the children's work!**

Instructor: Pati Kent Ages: 7-11 yrs.
 Fee: \$60 (+materials) Length: 5 weeks
 Location: WCSB Craft Room Min: 4 Max: 20
 1000.205 W 4/14/10 3:15-4:15 p.m.
 1000.206 W 5/19/10* 3:15-4:15 p.m.

*No Class on 6/2/10. Makeup on 6/23/10 at WCSB E/W Room.



RECREATIONAL CLASSES

CARTOONING WORKSHOP

Character drawing and basic cartooning are taught in this EXCITING class! An additional \$10 material fee is payable to the instructor at the workshop which covers ALL supplies that will be needed.

Instructor: Pati Kent
Fee: \$15 (+ materials fee)
Location: WCSB Craft Room
1000.207 M 5/3/10 3:30-5:00 p.m.
1000.208 M 6/7/10 3:30-5:00 p.m.

Ages: 7-12 yrs.
Length: 1 day
Min: 3 Max: 20

PARENT & TOT CERAMICS

Roll, pinch, and pound! Come and enjoy some creative time with your little one! Your young artist will enjoy a tactile experience using clay, as we hand build playful projects step-by-step. Different projects each week. All pieces will be glazed and fired. A \$15 material fee (includes kiln firing & glazing) will be due to the instructor. Aprons will be provided.

Instructor: Lucia Y. Henry, My Arts Studio
Fee: \$51 (+ material fee)
Location: WCSB Craft Room
1000.209 Th 5/27/10 2:00-2:45 p.m.

Ages: 3-5 w/ parent
Length: 4 wks.
Min: 5 Max: 12



CERAMICS CREATIONS

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring and slab, and decorate them with under glazes. Different projects each class. All pieces will be glazed and fired. A \$15 material fee (includes kiln firing & glazing) will be due to the instructor. Aprons will be provided.

Instructor: Lucia Y. Henry, My Arts Studio
Fee: \$51 (+ materials fee)
Location: WCSB Craft Room
1000.210 Th 5/27/10 3:30-4:45 p.m.

Ages: 6-12 yrs.
Length: 4 wks.
Min: 5 Max: 18

FAMILY CLAY TIME

Art fun for the entire family! Come join us for these clay workshops, where the whole family can share some creative time together. We will hand build unique clay pieces, and paint them with under glazes. Projects will be glazed and fired. A \$5 material fee per family (includes kiln firing and glazing) will be due to the instructor. Aprons will be provided.

Instructor: Lucia Y. Henry, My Arts Studio
Ages: 3 years +
Fee: \$24 one parent & child (+ material fee)
Length: 1 day
\$11 each additional family member

Location: WCSB Craft Room
Min: 5 Max: 18
1000.211 Sa 6/05/10 10:00-11:30 a.m.
1000.212 Sa 6/12/10 10:00-11:30 a.m.
1000.213 Sa 6/19/10 10:00-11:30 a.m.

KNITTING FUN WITH MARILYN PETERS!

(As seen on KOCE)

Knitting for beginners! Learn how to knit and start making a project. This fun class makes knitting easy. The supplies include knitting needles, yarn, easy to follow patterns and a 14-chapter 'Learn to Knit' DVD that helps you continue knitting at home. Impress everyone you know with your new knitting skills! A \$30 material fee is due to the instructor at class for all supplies listed above.

Instructor: Marilyn Peters
Ages: 5 yrs. +
Fee: \$10 (+ material fee)
Length: 2 hrs.
Location: Westminster Mall
Min: 2 Max: 20
(Located at the upper level near Sears, next to Lenscrafters)
1000.214 Sa 4/24/10 2:00-4:00 p.m.
1000.215 Su 4/25/10 2:00-4:00 p.m.
1000.216 Sa 5/22/10 2:00-4:00 p.m.

Marilyn Peters has been teaching knitting for more than 20 years! Her mother taught her how to knit when she was just 4 years old and she has been knitting ever since. She owned The Nutty Knitter wool shop in Auckland, New Zealand and loves teaching others how to knit. Her latest project was a cardigan that she made for actress Courtney Cox's daughter Coco!

RECREATIONAL CLASSES



DANCE



ZUMBA LATIN DANCE FITNESS!

Zumba is a fun, high-energy, cardio workout that will help you get into great shape! You will learn salsa, merengue, cumbia, cha cha, bachata, and more.

Instructor: Georgina Espinosa

Fee: \$57

Location: WCSB E/W Room

2000.201

F

4/16/10

Ages: 12 yrs. +

Length: 8 weeks

Min: 10 Max: 40

7:00-8:00 p.m.

QUINCEANERA WALTZ DANCE~NEW!

The Quinceanera Waltz is choreographed and taught to your whole group with your choice of music. You will look perfect at your Quinceanera! Father and daughter dance is also taught in this 2-hour class.

Instructor: Efren Barrera

Fee: \$15 per person

Location: WCSB E/W Room

2111.202

Th

4/1/10

Ages: All Ages

Length: 1 day

Min: 4 Max: 30

7:00-9:00 p.m.

2111.203

Sa

4/17/10

10:00 a.m.-12:00 p.m.

2111.204

Sa

5/1/10

10:00 a.m.-12:00 p.m.

2111.205

Sa

5/15/10

10:00 a.m.-12:00 p.m.

SWING, and LATIN COMBO! ~ NEW!

Learn fun, easy patterns in swing and cha-cha during session 1, and swing, merengue and bachata during session 2! Learn to dance to the music played at parties, nightclubs, weddings, and cruises. No partner is necessary. For more information, call Efren Barrera at 714-595-4766.

Instructor: Efren Barrera

Fee: \$45

Location: WCSB East Room

2000.202

Tu

4/13/10

6:00-7:00 p.m.

(Swing and Cha-Cha)

2000.203

Tu

5/11/10

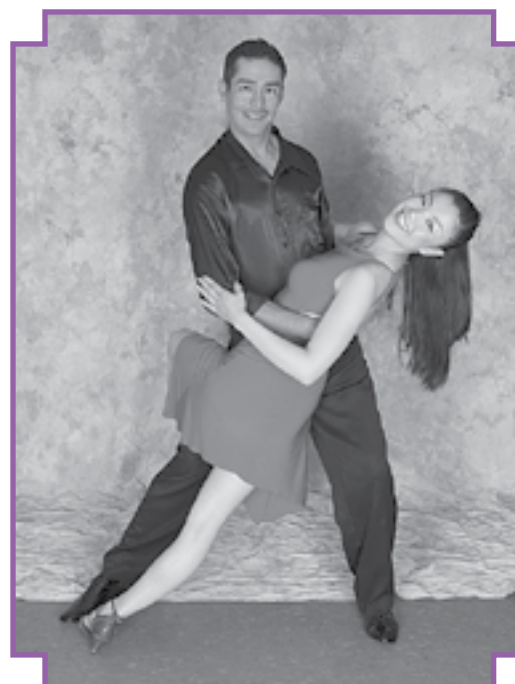
6:00-7:00 p.m.

(Swing, Merengue, Bachata)

Ages: 14 yrs. +

Length: 4 weeks

Min: 4 Max: 28



SALSA 1 & 2 for ADULTS!

Salsa, the hot and spicy dance, lets you move to the Latin rhythms in today's club and party scene. Learn hot, beginner patterns in Salsa 1 and intermediate patterns in Salsa 2! Meet people, socialize, and show off your moves! No partner needed. For more information, call Efren Barrera at 714-595-4766.

Instructor: Efren Barrera

Fee: \$45

Location: WCSB E/W Room

2000.204

Tu

4/13/10

7:00-8:00 p.m.

Ages: 14 yrs. +

Length: 4 weeks

Min: 4 Max: 28

(Salsa 1)

2000.205

Tu

4/13/10

8:00-9:00 p.m.

(Salsa 2)

2000.206

Tu

5/11/10

7:00-8:00 p.m.

(Salsa 1)

2000.207

Tu

5/11/10

8:00-9:00 p.m.

(Salsa 2)

LINE DANCING!

Ramble! Ramble! Line dancing is healthy for the body and mind! Learn new steps and make friends while staying fit. Sign up today and learn a variety of basic steps from different kinds of dances – Latin, Folk, Soul, and funk songs! This class does not require a partner and is a great cardio work-out.

Instructor: Jimmy Camarena

Fee: \$40

Location: WCSB E/W Room

2000.208

W

4/14/10

Ages: 18 yrs. +

Length: 4 weeks

Min: 10 Max: 25

6:30-8:00 p.m.

2000.209

W

5/12/10*

6:30-8:00 p.m.

*5/26 class will be located at WCSB West Room.



RECREATIONAL CLASSES

BALLET, TAP, & JAZZ I

An introduction to the basic steps of ballet, tap, and jazz. Students learn basic steps and develop these into a dance routine. There will be a recital on the last day of each session, after class. **Dance attire: pastel ballet shoes, tights, and leotards; tap shoes optional.**

Instructor: Elizabeth Gremling-Gonzalez Ages: 3-8 yrs.
 Fee: \$40 Length: 5 weeks
 Location: WCSB East/West Room Min: 8 Max: 15

2000.210	Sa	4/10/10*	11:00 - 11:45 a.m.	(3-5 yrs.)
2000.211	Sa	4/10/10*	12:00 - 12:45 p.m.	(6-8 yrs.)
2000.212	Sa	5/22/10**	11:00 - 11:45 a.m.	(3-5 yrs.)
2000.213	Sa	5/22/10**	12:00 - 12:45 p.m.	(6-8 yrs.)

*4/17 and 5/1 class will be located at WCSB Senior Dining Room.
 **5/22, 6/12, and 6/19 classes will be located at WCSB Senior Dining Room.

BALLET, TAP, & JAZZ II

This class may be taken after participating in 2 sessions of Ms. Elizabeth's Ballet, Tap, and Jazz I. Students will continue to learn steps in ballet, tap, and jazz. There will be a recital on the last day of the 5 week session, after class. **Dance attire: pastel ballet shoes, tights, and leotards; tap shoes optional.**

Instructor: Elizabeth Gremling-Gonzalez Ages: 5-8 yrs.
 Fee: \$40 Length: 5 weeks
 Location: WCSB East/West Room Min: 8 Max: 15

2000.214	Sa	4/10/10*	10:00-10:45 a.m.
2000.215	Sa	5/22/10**	10:00-10:45 a.m.

*4/17 and 5/1 class will be located at WCSB Senior Dining Room.
 **5/22, 6/12, and 6/19 classes will be located at WCSB Senior Dining Room.

HIP HOP til' YOU DROP!

Learn the hottest dance moves to the latest Hip Hop music! This class is an introduction to beginning Hip Hop. Students will learn basic Hip Hop combinations and a complete dance routine. There will be a recital on the last day of the 5 week session, after regular class.

Instructor: Elizabeth Gremling-Gonzalez Ages: 6-10 yrs.
 Fee: \$40 Length: 5 weeks
 Location: WCSB East/West Room Min: 8 Max: 15

2000.216	Sa	4/10/10*	1:00-1:45 p.m.
2000.217	Sa	5/22/10**	1:00-1:45 p.m.

*4/17 and 5/1 class will be located at WCSB Senior Dining Room.
 **5/22, 6/12, and 6/19 classes will be located at WCSB Senior Dining Room.

ELITE BALLET AND MOVEMENT ~ NEW!

Parent or guardian participation is required. This class is specifically designed for children with any disability, whether physical, mental, or emotional to express themselves by learning ballet and movement technique. This class will help to improve balance and creativity as well as flexibility and movement in a fun and relaxed atmosphere. There will be a required master class on the first day for instructors to be able to get to know each student better and assess each individual's needs. Students **MUST** enroll into the master class first before showing up to the master class. After the master class, students will be instructed on how to enroll into the actual class. For more information, please call 714-893-2623.

Instructor: Jessica Warbrick, Wespac Staff Ages: 5-12 yrs.
 Fee: \$45 (child + parent) Length: 5 weeks
 Location: Wespac Dance Center Min: 6 Max: 6

2000.218	Th	4/15/10	5:30-6:00 p.m.
2000.219	Th	5/20/10	5:30-6:00 p.m.



PEE WEE DANCE (Intro to Dance)

Come learn the foundation for all dance styles in this combination of ballet, jazz, tap, and hula. Have fun while listening to friendly children's music. Dance attire: Pink leotard, tights and ballet shoes; tap shoes are optional. Student must be potty trained prior to taking class. There is an optional \$15 material fee for ballet costumes for various city performances. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Valerie Bartosch, Wespac Staff Ages: 2 - 6 yrs.
 Fee: \$45 (+ material fee) Length: 5 weeks
 Location: Wespac Dance Center Min: 6 Max: 10

2000.222	Th	4/15/10	6:00-6:45 p.m.
2000.223	Th	5/20/10	6:00-6:45 p.m.

RECREATIONAL CLASSES



BALLET

This class will utilize ballet barre, center floor work and across the floor. Learn ballet positions in 1st - 5th, jumps, tendue's, plie's, chaine's, pique's, pirouettes and leaps. A routine will be taught by the end of the class. Dance attire: Wear pastel colored leotard (i.e. light pink, yellow, baby blue or lilac), pink ballet tights and pink ballet shoes, ballet skirt is optional. For more info please visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Jaseida Mojica, Wespac Staff Ages: 5-12 yrs.
 Fee: \$45 Length: 5 weeks
 Location: Wespac Dance Center Min: 6 Max: 10
 2000.226 Tu 4/13/10 4:30-5:30 p.m.
 2000.227 Tu 5/18/10 4:30-5:30 p.m.



TUMBLING

Learn beginning tumbling technique including splits, somersaults, cartwheels, round offs, back handsprings and leaps. A must take course for anyone looking to try out for competitive cheerleading or dance team at any high school, university or professional level. Abs, chest and arms will be toned in the class! Tumbling attire: Wear any color leotard with shorts and no shoes. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Susan Prough, Wespac Staff Ages: 5-13 yrs.
 Fee: \$45 Length: 5 weeks
 Location: Wespac Dance Center Min: 6 Max: 10
 2000.230 F 4/16/10 4:45-5:45p.m.
 2000.231 F 5/21/10 4:45-5:45p.m.

TAP

You will learn basic tap including shuffles, flaps and ball change in this rhythmic style of dance. Dance attire: Wear black tank or leotard with black ballet/jazz shorts or capri pants and tap shoes. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Amanda Mikkelsen, Wespac Staff
 Ages: 5 - 13 yrs.
 Fee: \$45 Length: 5 weeks
 Location: Wespac Dance Center Min: 6 Max: 10
 2000.234 Th 4/15/10 4:30-5:30 p.m.
 2000.235 Th 5/20/10 4:30-5:30 p.m.

HULA

Learn the cultural dance of the Hawaiian and Tahitian Islands. This class is geared towards students who are looking to get a great workout while having fun. Dance attire: Wear black tank or leotard with black shorts or leggings and any color sarong is optional. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Brenda Colombel, Wespac Staff Ages: 5-12 yrs.
 Fee: \$45 Length: 5 weeks
 Location: Wespac Dance Center Min: 6 Max: 10
 2000.238 F 4/16/10 5:45-6:45p.m.
 2000.239 F 5/21/10 5:45-6:45p.m.

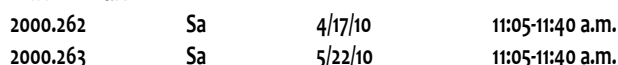
HIP HOP

Come learn the latest LA style Hip Hop dance moves as seen on television, film and videos. Get a great workout while learning how to dance! Dance attire: Wear all black pants, tank and clean sneakers with non-marking soles. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Jaseida Mojica, J. Reyes, Ages: 5 yrs. +
 & Jerome Moore, Wespac Staff
 Fee: \$45 Length: 5 weeks
 Location: Wespac Dance Center Min: 6 Max: 10
 2000.242 M 4/12/10 6:45-7:30p.m. 5-12 yrs. Beg.
 2000.243 M 5/17/10 6:45-7:30p.m. 5-12 yrs. Beg.
 2000.246 W 4/14/10 4:30-5:30 p.m. 12-18 yrs. All Levels
 2000.247 W 5/19/10 4:30-5:30 p.m. 12-18 yrs. All Levels
 2000.250 Th 4/15/10 6:45-7:45 p.m. Teen/Adult Beg.
 2000.251 Th 5/20/10 6:45-7:45 p.m. Teen/Adult Beg.



Ages: Teen/Adult
Length: 5 weeks
Min: 6 Max: 10
6:30-7:30p.m.
6:30-7:30p.m.



Instructor: Miss Dawna		Ages: 2-5 yrs.	
Fee: \$45		Length: 5 weeks	
Location: Garden Grove Sports & Rec. Center		Min: 8 Max: 20	
2000.264	Sa	4/17/10	11:45-12:20 p.m.
2000.265	Sa	5/22/10	11:45-12:20 p.m.

Instructor: Miss Dawna		Ages: 5-11 yrs.	
Fee: \$45		Length: 5 weeks	
Location: Garden Grove Sports & Rec. Center		Min: 8 Max: 20	
2000.266	Sa	4/17/10	12:20-1:00 p.m.
2000.267	Sa	5/22/10	12:20-1:00 p.m.

RECREATIONAL CLASSES



MUSIC

SPRING SINGERS ~ NEW!

The purpose of this new class is to make time for music by learning to sing with others in a group setting. We will also learn to read basic rhythmic notation, explore some rhythm instruments, learn some enjoyable songs, and experience some music 'games'. Parent participation welcome!

Instructor: Barbara Smith Ages: 1st or 2nd grade
 Fee: \$59 Length: 4 weeks
 Location: WCSB Room A/B Min: 12 Max: 20
 3000.201 W 4/14/10 1:30-3:00 p.m.

Barbara Smith is trained in music education and has many years of experience in teaching piano to students of all ages. She also offers Phonics classes to children every summer which are a always a hit!

BEGINNING VIOLIN LESSONS FOR CHILDREN AND TEENS ~ NEW!

Now your child can learn how to play the violin, one of the most beautiful-sounding instruments in the world! This class will teach the basics of the violin and will cover aspects of playing such as intonation, technic, and bowing. In addition, basic music theory and reading skills will be taught. Students enjoy learning in small groups, where they can make music together! A material fee of \$10 will be due to the instructor. Students must provide their own violin.

Instructor: The Piano Place Music Studio Staff Ages: 10-16 yrs.
 Fee: \$55 (+material fee) Length: 4 weeks
 Location: The Piano Place Min: 3 Max: 6
 3000.202 Sa 4/17/10 1:00-1:45 p.m.
 3000.203 Sa 5/15/10 1:00-1:45 p.m.

BEGINNING PIANO LESSONS FOR YOUNGER CHILDREN

This fun, exciting class is for the young child who loves to play around at the piano and is attracted to its enchanting sound. Students will take their first steps in reading music, playing the piano by ear, and making up their own songs. Piano technic, music theory, and performance skills will also be covered. All classes will be given on REAL quality acoustic pianos. This class won't just make your child SMARTER, it is a great alternative to private lessons, which can often prove expensive and boring. And, children enjoy learning and making music TOGETHER! Have your child prepared to HAVE FUN! A material fee of \$10 will be due to the instructor.

Instructor: Dr. Robert Rios, Teresa Rios, and staff Ages: 4-10 yrs.
 Fee: \$44 (new lower price! + Materials fee) Length: 4 Weeks
 Location: The Piano Place Min: 5 Max: 8

3000.206	W	4/14/10	3:30-4:15 p.m.	(4-6 yrs.)
3000.207	W	4/14/10	4:15-5:00 p.m.	(7-10 yrs.)
3000.208	Th	5/13/10	3:30-4:15 p.m.	(4-6 yrs.)
3000.209	Th	5/13/10	4:15-5:00 p.m.	(7-10 yrs.)



BEGINNING PIANO LESSONS FOR THE OLDER CHILD

This enjoyable class is for students who have always wanted to explore the beautiful sounds of the piano. Students will be introduced to reading music and playing the piano by ear, performing folk, popular, and classical tunes. They will learn music theory, keyboard technic, and how to play chords, using REAL acoustic pianos. Musical creativity will also be explored. This class will prove to your child that playing the piano can be FUN and EASY! A material fee of \$10 will be due to the instructor.

Instructor: Dr. Robert Rios and staff Ages: 11-17 yrs.
 Fee: \$44 (new lower price! + Materials fee) Length: 4 Weeks
 Location: The Piano Place Min: 5 Max: 8

3000.214	W	4/14/10	5:00-5:45 p.m.
3000.215	Th	5/13/10	5:45-6:30 p.m.



RECREATIONAL CLASSES

BEGINNING PIANO LESSONS FOR ADULTS AND SENIORS

Now is your chance to learn how to play the piano (it's never too late!) and play those folk, popular, and classical tunes that you've always loved! In this enjoyable, small group class (where only real pianos are used) you'll learn how to read music, using melodies and chords. Basic music theory and keyboard technic will also be covered. No practice or keyboard is required to take this class; just show up and try your hand(s) at it! A \$10 material fee will be due to the instructor.

Instructor: Dr. Robert Rios
 Fee: \$44 (new lower price! + Materials fee)
 Location: The Piano Place

3000.218	W	4/14/10	5:45-6:30 p.m.
3000.219	Th	5/13/10	10:00-10:45 a.m.

Ages: 18 yrs. +
 Length: 4 Weeks
 Min: 5 Max: 8

BEGINNING GUITAR MADE E-Z!

This course is a basic approach to playing the guitar, for beginners only. Students will learn: Basics of reading music, learn rhythm and tempo, and how to tune your guitar. This is a very popular and fun class. A materials fee of \$20 (plus tax) is payable to instructor at first class for Method book. Please bring your guitar to practice or you may rent one for a nominal cost.

Instructor: FVM Staff
 Fee: \$60 (+ materials fee)
 Location: Fountain Valley Music

3000.226	M	4/5/10	4:00-5:00 p.m.	(6-9 yrs.)
3000.227	M	4/5/10	5:00-6:00 p.m.	(10-15 yrs.)
3000.228	M	4/5/10	6:00-7:00 p.m.	(Adult 16+)
3000.229	Sa	4/10/10	9:00-10:00 a.m.	(6-9 yrs.)
3000.230	Sa	4/10/10	10:00-11:00 a.m.	(10-15 yrs.)

Ages: 6 yrs. +
 Length: 4 weeks
 Min: 6 Max: 10



BEGINNING GUITAR CLASSES for CHILDREN AND TEENS

This fun class is for those children who have always wanted to strum the guitar! Students will enjoy playing folk, popular, and classical tunes using single notes and chords, and will take their first steps in learning how to read notation. Playing in different rhythms, basic theory, and creativity will also be covered. Have your children entertain your family and friends with the enchanting sounds of the guitar! A material fee of \$10 will be due to the instructor. Students must bring their own guitar.

Instructor: The Piano Place Staff
 Fee: \$44 (new lower price! + Materials fee)
 Location: The Piano Place

3000.222	W	4/14/10	5:45-6:30 p.m.	(7-10 yrs.)
3000.223	Th	5/13/10	5:45-6:30 p.m.	(11-17 yrs.)

Ages: 7-17 yrs.
 Length: 4 Weeks
 Min: 5 Max: 8

BEGINNING KEYBOARD/PIANO ~ NEW!

Keyboard is the best instrument to begin for any age. Our classes are fun and made to make learning enjoyable. Learn to read music, play songs, and more! There will be a \$30 material due to the instructor.

Instructor: FVM Staff
 Fee: \$60 (+ materials fee)
 Location: Fountain Valley Music

3000.231	M	4/5/10	5:00-6:00 p.m.	(6-9 yrs.)
3000.232	Tu	4/6/10	3:00-4:00 p.m.	(4-5 yrs.)
3000.233	Tu	4/6/10	7:00-8:00 p.m.	(10-15 yrs.)
3000.234	Th	4/8/10	12:00-12:45 p.m.	(Adult 16+)
3000.235	Sa	4/10/10	12:00-1:00 p.m.	(6-9 yrs.)

Ages: 4 yrs. +
 Length: 4 weeks
 Min: 6 Max: 10



KEEP AMERICA BEAUTIFUL & WESTMINSTER TOO

The Keep America Beautiful Program will take place April 18th-April 24th. Westminister residents and schools are invited to improve the looks, vitality and economic integrity of their community by beautifying their surroundings in ways that make a huge difference. The annual "Adopt a Park" program offers an opportunity for citizens, youth organizations, churches and service clubs to adopt a park of their choice and give a sprucing up on Saturday, April 24th.

For more details on this program, call the Community Services and Recreation Department at 714-895-2860.

RECREATIONAL CLASSES



SESAME STREET MUSIC WORKS PROGRAM

Sesame Street Music Works program is a fantastic program designed for children ages 2-6 and their parents, grandparents, teachers and caregivers to be involved in music making. The program taps into the appeal of one of the world's most respected children's shows to reach a whole new generation of music makers. Fountain Valley Music is a licensed education center for the Sesame Street Music Works Program. Learn from the best! Material Fee is \$10.

Instructor: FVM Staff
Fee: \$60 (+ materials fee)
Location: Fountain Valley Music
Ages: 2-6 yrs. + Adult
Length: 6 weeks
Min: 4 **Max:** 10
3000.236 Tu 4/6/10 10:15-11:00 a.m.
3000.237 Th 4/8/10 3:15-4:00 p.m.

GOTTA SING! Today's Top Hits

This is a fun vocal techniques class. All ages are taught proper breathing, posture and technique. You will learn how to train your voice while learning to sing in a group. Music is age appropriate based on group interest, examples: Mylie Cyrus/Hannah Montana, High School Musical & more. Materials Fee: \$20.

Instructor: FVM Staff
Fee: \$60 (+ materials fee)
Location: Fountain Valley Music
Ages: 7 yrs. +
Length: 4 weeks
Min: 6 **Max:** 10
3000.238 Th 4/8/10 5:00-6:00 p.m. (7-12 yrs.)
3000.239 Th 4/8/10 6:00-7:00 p.m. (13-18 yrs.)
3000.240 Th 4/8/10 7:00-8:00 p.m. (18+)

MUSIC BEGINNINGS

Designed for children ages 18 months to 3 years, each with an accompanying parent. The class meets once a week for a half hour and encourages singing, moving, listening, and playing instruments. An additional \$5 materials fee is payable to instructor at the first class.

Instructor: Ching Liew
Fee: \$44 (+ materials fee)
Location: West Grove Park
Ages: 1½ - 3 yrs.
Length: 8 weeks
Min: 5 **Max:** 12
3000.241 M 4/12/10 9:00-9:30 a.m.

SPECIAL INTEREST

FLOWER ARRANGING FOR TEENS AND ADULTS ~ NEW!

Want to learn how to decorate your room, home, or office with beautiful flowers? Want to learn different styles of arranging that will intrigue your friends and family? Then this is the class for you! Taught by experienced professional floral designer Thuy Rios, this class will teach you the basic rudiments of flower arranging, covering (depending on the session) the varied types of American, European, Japanese, Traditional, High and New styles of floral design. Students will proudly take home all of their finished creations! There will be a minimum of \$25 material fee, which will cover the cost of most flowers and supplies, and will be due to the instructor at the first class.

Instructor: Thuy Rios
Fee: \$49 (+material fee)
Location: The Piano Place
Ages: 12 yrs. +
Length: 4 weeks
Min: 4 **Max:** 10
4000.201 W 4/14/10 10:00-11:00 a.m. (Adults)
4000.202 W 4/14/10 4:00-5:00 p.m. (Age 12-18)

YOU'RE ON THE AIR! HOW TO REALLY MAKE IT WORK IN VOICEOVERS ~ NEW!

Voiceovers are hot today! In this class you'll learn about an exciting new way to get around the competition and actually turn voice-overs into a thriving full or part-time business! Sheryl Powers, a successful voice-over artist will introduce students to the business as a whole. She will talk about the numerous opportunities; discuss technique, the income potential, and the all-important demo and how to have it produced. You'll step up to the microphone to do some practice recording, and best of all, hear the results!

Instructor: Sheryl Powers
Fee: \$30
Location: WCSB A/B Room
Ages: 18 yrs. +
Length: 1 day
Min: 5 **Max:** 25
4000.205 Sa 5/08/10 9:00-11:00 a.m.

Sheryl Powers has over 25 years of experience in the radio and voiceover business. As a DJ, talk show co-host, radio & TV voiceover artist and radio sales and marketing specialist, she knows all sides of the business. Her voiceover credits include Mattress Giant, American Gold and Silver Exchange, Hearts on Fire Diamonds, Charlotte Gold and Diamond, and many more.



RECREATIONAL CLASSES

LEARN HOW TO BUY ON EBAY

With eBay you can get the same items you are looking for, but pay less! Think of eBay as a giant garage sale – someone else's stuff is your treasure. Learn the art of bidding and save time and money by shopping from home!

Instructor: Frances Greenspan Ages: 18 yrs. +
Fee: \$43 Length: 2 hrs.
Location: Westminster Mall Min: 3 Max: 25
(Located at the upper level near Sears, next to Lenscrafters)
4000.206 W 4/28/10 6:30-8:30 p.m.

LEARN HOW TO SELL ON EBAY

Everyone has lots of stuff in their closets, drawers, garages and are even paying for storage areas to hold this stuff. Why not make some extra money and help others clear out their stuff at the same time? This class will show you how to sell on Ebay. We will discuss organization, categorization and how to write posts for your items.

Instructor: Frances Greenspan Ages: 18 yrs. +
Fee: \$69 Length: 2 weeks
Location: Westminster Mall Min: 3 Max: 25
(Located at the upper level near Sears, next to Lenscrafters)
4000.207 W 6/16/10 & 6/23/10 6:30-8:30 p.m.

BECOME SLENDER WITH HYPNOSIS

Releasing weight and feeling great as your mind and body create the habits and responses that lead to SUCCESS, COMFORT, and SATISFACTION. An optional cassette/CD is available in class for \$13.00. Pillow/blanket/mat are all optional. For more information visit my website at www.hypnosishelp tapes.com.

Instructor: Pamela J. Schmidt, M.S., C.C.H. Ages: Adult
Fee: \$46 Length: 4 weeks
Location: WCSB Room 3/4 Min: 8 Max: 20
4000.208 M 4/12/10 7:30 - 9:00 p.m.

BECOME A NON-SMOKER WITH HYPNOSIS

If your MONEY and HEALTH have been going up in smoke, it's time to claim the RIGHT to be smoke-FREE! This workshop will guide your mind to accomplish this goal, for all the important reasons! An optional CD is available in class for \$13.00. Pillow/blanket/mat are all optional. For more information visit my website at www.hypnosishelp tapes.com.

Instructor: Pamela J. Schmidt, M.S., C.C.H. Ages: 18 yrs. +
Fee: \$24 Length: 2 weeks
Location: WCSB Room 3/4 Min: 8 Max: 20
4000.209 M 5/17/10 7:30 - 9:00 p.m.

ONLINE DRIVER'S EDUCATION

This is an online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. Receive DMV-approved Certificate of Completion (OL 237). A licensed instructor is available to answer any questions. Sign up for the month that you would like to begin the class. **Students must have access to the Internet to participate in the course. Students will be contacted with login information after registering for the class.**

Instructor: Erika Vieyra Ages: 15 yrs. +
Fee: \$49 Length: 24/7 daily access
Location: Your home computer
4000.210 Th 4/01/10 Arranged after registering
4000.211 Sa 5/01/10 Arranged after registering
4000.212 Tu 6/01/10 Arranged after registering.



RECREATIONAL CLASSES



PUPPY KINDERGARTEN

Start Your Pup Out on the Right Paw!

Geared for young puppies between two and five months of age, course emphasizes socialization and introduces basic commands and walking on a leash. Various puppy care topics such as housebreaking, teething problems, health care pointers, etc. are discussed. Awards are presented at the last class. **Please do NOT bring puppies to the first, orientation meeting.** Do bring vaccination records and \$5 insurance fee due to your instructor at first meeting.

Instructor: Khara Knight
 Hacienda Hills Dog Obedience Club
 Dogs: 2-5 months
 Ages: 10 yrs. to Adult +(Handlers)
 Location: H. Louis Lake Senior Center
 (Between 9th & Euclid in Garden Grove)
 4000.213 Sa 3/27/10* 8:30-9:30 a.m.
 *(1st mtg. **orientation**, held inside w/out dogs, all other mtgs. with dogs on grass area adjacent to Senior Center)

DOG OBEDIENCE TRAINING

Give your dog a new leash on life! This beginner-level course is open to all breeds of dogs over 5 months (larger breeds accepted at 4 months). Exercises will include the proper heel command, automatic sit, sit-stay and down-stay, stand for inspection, and come commands. Behavior problems such as destructive chewing, hole digging, and over-exuberance will also be addressed. Trophies and certificates will be awarded at graduation. The **first meeting will be an orientation, WITHOUT DOGS.** Please bring vaccination records and \$5 insurance fee due to your instructor at first meeting.

Instructor: Khara Knight
 Hacienda Hills Dog Obedience Club
 Dogs: 6 mos. + (lrg. dogs 4 mos.)
 Ages: 10 yrs. to Adult (Handlers)
 Location: H. Louis Lake Senior Center
 (Between 9th & Euclid in Garden Grove)
 4000.214 Sa 3/27/10* 9:30 - 10:30 a.m.
 *(1st mtg. **orientation**, held inside w/out dogs, all other mtgs. with dogs on grass area adjacent to Senior Center)

DOG MANNERS "CRASH COURSE"

A 4 week, fast-paced course designed for people who need to accomplish their dog training goals and get behavior problems under control within a limited period of time. Each week several new obedience skills will be introduced and preventative and corrective measures for a variety of bad habits will be discussed (e.g. sit, down on command, stay in sit or down position in presence of distractions, come when called, and controlled walking on a leash. **Pre-Register! You will be contacted regarding what to bring to the first lesson. Dogs are brought to all meetings** A \$5 insurance fee due to your instructor at first meeting.

Instructor: Khara Knight
 Hacienda Hills Dog Obedience Club
 Dogs: 6 mos. + (lrg. dogs 4 mos.)
 Ages: 10 yrs. + (Handlers)
 Location: Bolsa Chica Park
 4000.215 Tu 4/20/10 6:00-7:20 p.m.
 Fee: \$69 (+insurance fee)
 Min: 6 Max: 20
 Length: 4 weeks

CALLING ALL FRISBEE DOGS!

Here's your chance to spend an afternoon learning techniques from an avid Dog-Disc competitor, David Procida. Workshop includes instruction on proper Frisbee throwing techniques, how to get your dog motivated to catch a disc AND bring it back to you, and an introduction on how to teach your dog various stunts like spinning, twisting, and weaving in-between your legs. Please bring your dog with a leash, collar, his current vaccination records, water, clean-up bags, a lawn chair, and \$5.00 for insurance and materials. Frisbees will be provided for each dog.

Instructor: David Procida
 Hacienda Hills Dog Obedience Club
 Dogs: (6 mos. +)
 Ages: 10 yrs. + Handlers
 Location: Edgar Park, Garden Grove
 4000.216 Sa 4/24/10 12:00 - 3:00 p.m.
 Fee: \$39 (+ insurance fee)
 Length: 3 hrs.
 Min: 3 dogs Max: 12 dogs





RECREATIONAL CLASSES

PRIVATE IN-HOME TRAINING for your DOG or PUPPY

Need help in canine communication, but prefer the convenience and privacy of your own home rather than a group setting? This one-on-one training course is for you! A professional trainer from Hacienda Hills Dog Obedience Club will meet with you for 3 one hour lessons, at a time convenient for you. Basic obedience commands and personalized help with correcting annoying bad habits like jumping on guests, nuisance barking, digging, chewing, escaping from the yard, housebreaking, etc. will be taught. You will be contacted to schedule your lessons after registering for the class.

Instructor: Khara Knight
Hacienda Hills Dog Obedience Staff
Location: Registrant's Home
4000.217 TBD April-June 2010

Ages: 14 yrs. +
Fee: \$230
Length: 3(1 hr.) classes
8:00 a.m.-8:00 p.m.

FUN ON THE FARM

Young preschoolers will have fun singing songs with puppets, making a different craft each week! Participants will be introduced to a different farm animal and ride a pony each week. Parent participation required. Wear closed toed shoes and bring a bike helmet. A \$15 material fee will be due to the instructor.

Instructor: Cheryl Skidmore & Staff
Fee: \$55 (+ materials fee)
Location: Rancho Del Rio Stables
4000.218 F 4/16/10
4000.219 F 5/14/10

Ages: 18 months-6 yrs.
Length: 4 weeks
Min: 5 Max: 15
11:00 a.m.-12:00 p.m.
11:00 a.m.-12:00 p.m.

HORSE FUN FOR PRESCHOOLERS

Parents help their young children learn how to handle horses and ride! Basic safety and horsemanship are introduced. Haltering, leading, grooming, saddling, and basic riding are introduced. Wear closed toed shoes and bring a bike helmet! A \$15 material fee will be due to the instructor.

Instructor: Cheryl Skidmore & Staff
Ages: 3-6 yrs.
Fee: \$55 (+ materials fee)
Length: 4 weeks

Location: Rancho Del Rio Stables
4000.220 Sa 4/17/10
4000.221 Sa 5/15/10

Min: 5 Max: 15
11:00-12:00 p.m.
11:00-12:00 p.m.



HORSE FUN FOR KIDS

Participants will learn how to handle horses and ride! Basic safety and horsemanship are introduced- Haltering, leading, grooming, saddling, and basic riding! A \$15 material fee will be due to the instructor.

Instructor: Cheryl Skidmore & Staff
Fee: \$55 (+ materials fee)
Location: Rancho Del Rio Stables
4000.222 Sa 4/17/10
4000.223 Sa 5/15/10

Ages: 7-12 yrs.
Length: 4 weeks
Min: 5 Max: 15
12:00-1:00 p.m.
12:00-1:00 p.m.

CPR FOR ADULTS, INFANTS, AND CHILDREN

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children and infants, as well as, foreign object removal techniques for airways. You will receive your certification upon completion of the class. **A \$15 materials fee is payable to the instructor at class.**

Instructor: Jack Griswold
Fee: \$10 (+ materials fee)
Location: WCSB Room A/B
4000.224 Sa 4/17/10
4000.225 Th 5/06/10
4000.226 Sa 6/05/10
4000.227 Th 6/17/10

Ages: 12 yrs. +
Length: 1 day
Min: 8 Max: 20
8:00-11:00 a.m.
6:00-10:00 p.m.
8:00-11:00 a.m.
6:00-10:00 p.m.

FIRST AID

Learn to respond to and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. **A \$15 materials fee is payable to the instructor at class.**

Instructor: Jack Griswold
Fee: \$10 (+ materials fee)
Location: WCSB Room A/B
4000.228 Sa 4/17/10
4000.229 Th 5/13/10
4000.230 Sa 6/05/10

Ages: 12 yrs. +
Length: 1 day
Min: 8 Max: 20
11:00-2:00 p.m.
6:00-10:00 p.m.
11:00-2:00 p.m.

RECREATIONAL CLASSES



SPORTS & FITNESS

WOMEN'S SELF DEFENSE ~ NEW!

The techniques taught are specifically designed for women to use in emergency situations and are both easy to learn and effective. Develop coordination, improve balance, and achieve total fitness while increasing self-confidence. Please bring a mouth piece, jump rope, small towel, water bottle, notebook and pen, and please wear a sports-bra with a t-shirt under an over-shirt – there is a lot of stretching and close contact with other students. Wear comfortable, loose fitting clothes and long training pants (no short pants please). Male students will need a cup. Optional for purchase at first class: Uniforms (\$40) or CIMA t-shirt w/ black martial arts pants (\$25), shin guards (\$10, highly recommended) and arm guards (\$10).

Instructor: John Merwin Ages: 15 yrs. +
Fee: \$60 or Length: 6 weeks

\$100 for a team of two (can be mixed gender)

Location: WCSB East/West Room Min: 5 Max: 16

5000.201	Tu	4/13/10	5:30-7:00 p.m.	(\$60 1 person)
5000.202	Tu	4/13/10	5:30-7:00 p.m.	(\$100 team of 2)
5000.203	Tu	5/25/10	5:30-7:00 p.m.	(\$60 1 person)
5000.204	Tu	5/25/10	5:30-7:00 p.m.	(\$100 team of 2)

John Merwin served in the US Army for 20 years. He is a certified instructor with USA Taekwondo and has taught with Midway City for 6 years.

OWN YOUR POWER! SELF DEFENSE FOR WOMEN ~ NEW!

Statistics prove that more than 1 in 3 women will be the victim of an assault and that the vast majority know their attacker! Just learning striking techniques is not enough. This class teaches students to recognize when their boundaries are being crossed and practicing powerful, assertive communication skills. We also teach effective, easy to remember strikes. Take 3 hours out of your life to give yourself and daughter these life changing skills.

Instructor: April Hawley & Melanie Vernon Sinclair Ages: 13 yrs. +
Fee: \$39 Length: 1 day

Location: American Tiger Martial Arts + Fitness Min: 4 Max: 15

5000.207	Sa	4/17/10	1:00-4:00 p.m.
5000.208	F	5/14/10	6:00-9:00 p.m.



SKILL BUILDING CLASSIC GAMES FOR KIDS ~ NEW!

The first goal of this class is FUN! By playing a variety of active games such as "Capture the Flag", our students are learning valuable skills like teamwork, coordination and confidence. The final session will be a fort building, nerf dodgeball extravaganza! Light-hearted fun and fitness without having to join a sports league for a season.

Instructor: April Hawley & Staff Ages: 8-12 yrs.

Fee: \$29

Length: 4 weeks

Location: Bolsa Chica Park Min: 10 Max: 20
(last class at American Tiger Martial Arts + Fitness)

5000.205	Sa	4/24/10	1:00-2:00 p.m.
5000.206	Sa	5/29/10	12:00-1:00 p.m.

YOGA FOR SENIORS ~ NEW!

Regenerate new life into your body by learning yoga! Wear your woolies if needed or flexible clothing, and do not drink 45 minutes or have a heavy meal before class.

Instructor: Karla Urquidez Ages: 55 yrs. +

Fee: \$50

Length: 5 weeks

Location: Westminster Mall

Min: 2 Max: 20

(Located at the upper level near Sears, next to Lenscrafters)

5000.209	F	4/16/10	9:30-10:15 a.m.
5000.210	F	5/21/10	9:30-10:15 a.m.



RECREATIONAL CLASSES

KIDDIE KARATE

Learn basic techniques and principles emphasizing the three "C's": coordination, confidence, and concentration. Wear loose clothing. Parents should remain outside classroom.

Instructor: Gary Pitts

Ages: 3-6 yrs.

Fee: \$29

Length: 4 weeks

Location: WCSB East/West Room

Min: 8 Max: 28

5000.211

Th

4/15/10

5:00-5:30 p.m.

BEGINNING/ADVANCED KARATE

Continue to learn the art of self-defense. Improve coordination, confidence, respect, discipline, and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito-Ryu". Parents should remain outside classroom.

Instructor: Gary Pitts

Ages: 7 yrs.+

Fee: \$35

Length: 4 weeks

Location: WCSB East/West Room

Min: 5 Max: 28

5000.212

Th

4/15/10

5:30-6:00 p.m.

JUDO ~ JUST FOR KIDS

An introductory class that focuses on the way of Judo by building the child's skills physically, mentally, and spiritually. This pertains to tumbling and falling drills, basic judo techniques and terminology, and learning self discipline. Included in the techniques are Judo throwing and controlling techniques.

Instructor: Tu Nguyen

Ages: 5-11 yrs.

Fee: \$85 2 days/week; \$100 3 days/week

Length: 5 weeks

Location: WCSB Room A/B

Min: 3 Max: 15

5000.213

Tu/W

4/27/10*

6:00-7:00 p.m.

5000.214

Tu/W/F

4/27/10*

6:00-7:00 p.m.

5000.215

Tu/W

6/1/10

6:00-7:00 p.m.

5000.216

Tu/W/F

6/1/10

6:00-7:00 p.m.

*5/26 class will be held at WCSB East Room.

Tu Nguyen's Judo class came back from the Winter National Championships in La Verne, CA and took home seven medals out of nine participants! Congratulations!

COMPETITIVE JUDO ~ BIG KIDS & ADULTS

Learn how to lose weight, increase your strength, quickness, coordination and flexibility while learning one of Japan's most prominent martial arts! This class includes Judo throwing (tachi waza), choking (shime waza), and joint manipulation (kansetsu waza) techniques.

Instructor: Tu Nguyen

Ages: 12 yrs. +

Fee: \$100 2 days/week; \$120 3 days/week

Length: 5 weeks

Location: WCSB Room A/B

Min: 3 Max: 15

5000.217

Tu/W

4/27/10*

7:00-8:30 p.m.

5000.218

Tu/W/F

4/27/10*

7:00-8:30 p.m.

5000.219

Tu/W

6/1/10

7:00-8:30 p.m.

5000.220

Tu/W/F

6/1/10

7:00-8:30 p.m.

*5/26 class will be held at WCSB East Room.



SHORINJI KEMPO

Shorinji Kempo was developed as a martial art to teach people to be peaceful by helping individuals improve their minds, promote good health and develop an effective means of protecting themselves and if required to protect others. Rather than always focusing on physical strength Shorinji Kempo martial arts also relies on improving the character of the person through the study of: Learning Japanese language, hard techniques, basics punches and kicks, soft techniques (basic escaping), acupressure (study of pressure points), and philosophy towards humanity. For questions please email Pankaj.Rastogi@panasonic.aero or call 714-585-2162 or 949-510-1569.

Instructor: Pankaj Rastogi

Ages: 6 yrs. +

Fee: \$105

Length: 3 months

Location: Carden Conservatory

Min: 1 Max: 35

5000.221

M & Th

4/12/10

6:30-7:30 p.m.

(Children Ages 6-12)

5000.222

M & Th

4/12/10

7:30-8:30 p.m.

(Adults Ages 13+)



RECREATIONAL CLASSES



MUAY THAI (KICKBOXING)

Intro to Muay Thai will teach basic kickboxing techniques, help improve confidence, create responsibility, quicker reflexes, coordination, and balance. Students will need to bring hand wraps and boxing gloves. Hand wraps and gloves will also be available for purchase.

Instructor: Adrian Bio,

World Class MMA Boxing

Fee: \$65

Location: World Class MMA Boxing

			<i>Ages: 13-17 yrs.</i>
			<i>Length: 4 weeks</i>
			<i>Min: 4 Max: 10</i>
5000.223	M-F	4/12/10	4:00-5:00 p.m.
5000.224	M-F	5/10/10	4:00-5:00 p.m.

INTRO TO JIU JITSU

Intro to Jiu Jitsu will cover basic Jiu Jitsu submissions, sweeps, position and defense. The class will also cover basic judo/wrestling takedown and defense.

Instructor: Felipe Fogolin,

World Class MMA Boxing

Fee: \$65

Location: World Class MMA Boxing

			<i>Ages: 13-17 yrs.</i>
			<i>Length: 4 weeks</i>
			<i>Min: 4 Max: 10</i>
5000.225	M/W/F	4/12/10	3:30-4:30 p.m.
5000.226	M/W/F	5/10/10	3:30-4:30 p.m.

WCMB CARDIO/WEIGHT MANAGEMENT

This class will teach a combination of MMA techniques, conditioning and strengthening. Each student's progress will be monitored each week with body, weight, and BMI measurements. Everyone will receive an individualized diet. Students will need to bring 12 oz. gloves, 2 pieces of hand wraps and a diet journal. This class will meet 5-7 p.m. on Mondays, and 6-7 p.m. on Tuesdays and Wednesdays.

Instructor: Lidia McCarter,

World Class MMA Boxing

Fee: \$65

Location: World Class MMA Boxing

			<i>Ages: 17+ yrs.</i>
			<i>Length: 4 weeks</i>
			<i>Min: 4 Max: 10</i>
5000.227	M/Tu/W	4/12/10	M: 5:00-7:00 p.m. Tu: 6:00-7:00 p.m. W: 6:00-7:00 p.m.
5000.228	M/Tu/W	5/10/10	M: 5:00-7:00 p.m. Tu: 6:00-7:00 p.m. W: 6:00-7:00 p.m.

O.C. ELITE CHEER & TUMBLING

Join Orange County's National Award winning competitive cheer and tumbling organization! Beginning through advanced levels will learn the correct fundamentals of tumbling, cheerleading, dance, and stunting while increasing flexibility, strength, self-confidence, self-motivation, perseverance, and teamwork skills. Participants will be required to purchase uniforms for competitions (approximately \$250.00); however, fundraising opportunities will be available to help defray the cost.

Instructor: Brooke McComb & Staff

Fee: \$50 (+ uniform cost)

Location: WCSB East/West Room

			<i>Ages: 6-15 yrs.</i>
			<i>Length: 4 weeks</i>
			<i>Min: 6 Max: 25</i>
5000.229	M	4/12/10	5:30-7:00 p.m.
5000.230	M	5/10/10	5:30-7:00 p.m.
5000.231	M	6/7/10	5:30-7:00 p.m.

GOLF! BASICS AND INTERMEDIATE

Our Basics class is great not only for beginners, but for golfers of all skill levels who need a refresher in fundamentals. If you are a golfer who wants to sharpen your skills or just play for fun, sign up for the intermediate class! Learn golf in a fun, non-threatening environment. Our goal is simple: to help you develop a passion for the game of golf.

Instructor: Derrick Uyesaka, D.L.Baker, Staff

Fee: \$199

Location: David L. Baker Golf Course

			<i>Ages: 18 yrs. +</i>
			<i>Length: 5 weeks</i>
			<i>Min: 2 Max: 6</i>
5000.232	Tu	5/4/10	6:00-7:00 p.m. (Intermediate)
5000.233	Th	5/6/10	6:00-7:00 p.m. (Basics)
5000.234	Tu	6/1/10	6:00-7:00 p.m. (Intermediate)
5000.235	Th	6/3/10	6:00-7:00 p.m. (Basics)

PARENT-N-ME GYMNASTICS

Parents will assist and encourage their children as they learn the basic skills of gymnastics by jumping, skipping, hopping, rolling, kicking, balancing and swinging their way to a fun time in class. This is a teacher directed with parent assisted class.

Instructor: New Hope Gymnastics Staff

Fee: \$89

Location: New Hope Academy Gymnastics

			<i>Ages: 2-3 yrs. +Parents</i>
			<i>Length: 8 weeks</i>
			<i>Min: 3 Max: 8</i>
5000.236	M	4/12/10*	5:30-6:30 p.m.
5000.237	Tu	4/13/10	10:30-11:30 a.m.
5000.238	W	4/14/10	6:30-7:30 p.m.
5000.239	Th	4/15/10	10:30-11:30 a.m.
5000.240	Sa	4/17/10	9:30-10:30 a.m.

*No class on 5/31. Makeup class will be on 6/7.



RECREATIONAL CLASSES

PARENT-N-ME PLAYTIME (OPEN GYM)

Be a kid yourself as you roll, tumble, and bounce with your child in a safe and fun environment! This is an open gym style class. (Adult must be within arms length of their child.)

Instructor: New Hope Gymnastics Staff Ages: 2-10 yrs. +Parents

Fee: \$64 Length: 8 weeks

Location: New Hope Academy Gymnastics Min: 3 Max: 10

5000.241 M 4/12/10* 10:00-11:00 a.m.

5000.242 W 4/14/10 10:00-11:00 a.m.

5000.243 Th 4/15/10 9:30-10:30 a.m.

*No class on 5/31. Makeup class will be on 6/7.

GYMNASTICS - LEVEL 1 BOYS ~ NEW!

This class will introduce all six events: Floor, vault, high bar, pommel horse, rings, and parallel bars. Strength and flexibility will be gained as students learn the basic skills and have fun jumping on the trampoline and playing in the pit!

Instructor: New Hope Gymnastics Staff Ages: 5-12 yrs.

Fee: \$119 Length: 8 weeks

Location: New Hope Academy Gymnastics Min: 3 Max: 8

5000.254 M 4/12/10* 3:30-5:00 p.m. (5-8 yrs.)

5000.255 M 4/12/10* 5:00-6:30 p.m. (8-12 yrs.)

*No class on 5/31. Makeup class will be on 6/7.

INTRO TO GYMNASTICS

These classes will introduce students to the vault, bars, beam, floor, and trampoline, with free time in the 'pit'. Classes are designed to enhance the students' confidence as they gain strength, flexibility, and coordination. Classes are for beginners and intermediate. Sorry, there are no make-ups for missed classes. **EARLY REGISTRATION IS ENCOURAGED!**

Instructor: New Hope Gymnastics Staff Ages: 3-5 yrs.

Fee: \$89 Length: 8 weeks

Location: New Hope Academy Gymnastics Min: 3 Max: 8

5000.244 M 4/12/10* 9:00-10:00 a.m. (3-4 yrs.)

5000.245 M 4/12/10* 11:00 a.m.-12:00 p.m. (4-5 yrs. Beg./Int.)

5000.246 Tu 4/13/10 9:30-10:30 a.m. (3-4 yrs.)

5000.247 Tu 4/13/10 11:30 a.m.-12:30 p.m. (4-5 yrs. Beg./Int.)

5000.248 W 4/14/10 9:00-10:00 a.m. (3-4 yrs.)

5000.249 W 4/14/10 11:00 a.m.-12:00 p.m. (4-5 yrs. Beg./Int.)

*No class on 5/31. Makeup class will be on 6/7.

AFTER SCHOOL KIDS CLUB ROCK CLIMBING

This after school program is designed to introduce the sport of rock climbing as an activity to teach all the skills necessary to climb safely in an indoor environment. The program is designed by a Physical Education Specialist with a Master's Degree in Education, focuses on a safe progression of skills.

Instructor: ClimbX Staff

Ages: 8-16 yrs.

Fee: \$125

Length: 4 weeks

Location: ClimbX Rock Gym

Min: 2 Max: 25

5000.256 M/W/F 4/19/10 4:00-6:00 p.m.

5000.257 M/W/F 5/17/10 4:00-6:00 p.m.

BASIC ROCK CLIMBING FOR ADULTS

Learn the fundamentals of rock climbing in this introductory course. Choose from 30 top-ropes and over 100 different routes for novice to advanced climbers. ClimbX will teach proper belay technique and the two knots associated with rock climbing. ClimbX provides all of the equipment along with a safe environment and knowledgeable staff. **PLUS: A FREE MONTH MEMBERSHIP, INCLUDING EQUIPMENT, AT THE CONCLUSION OF THE CLASS.**

Instructor: ClimbX Staff

Ages: 18 yrs. +

Fee: \$70

Length: 2 weeks

Location: ClimbX Rock Gym

Min: 2 Max: 20

5000.258 Tu 4/20/10 6:00-8:00 p.m.

5000.259 Th 4/29/10 6:00-8:00 p.m.

5000.260 W 5/19/10 6:00-8:00 p.m.

5000.261 Tu 6/8/10 6:00-8:00 p.m.

GYMNASTICS - LEVEL 1 GIRLS

Girls will work on the basic skills to gain strength and flexibility so as to become proficient on all events; vault, bars, beam, floor, and trampoline. They will also use the 'pit' and rope.

Instructor: New Hope Gymnastics Staff Ages: 5-8 yrs.

Fee: \$119 Length: 8 weeks

Location: New Hope Academy Gymnastics Min: 3 Max: 8

5000.250 M 4/12/10* 5:00-6:30 p.m.

5000.251 Th 4/15/10 3:30-5:00 p.m.

5000.252 F 4/16/10 3:30-5:00 p.m.

5000.253 Sa 4/17/10 9:00-10:30 a.m.

*No class on 5/31. Makeup class will be on 6/7.

RECREATIONAL CLASSES



PARENT & ME ICE SKATING

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. Includes skate rental, 30-minute lesson, free practice on the day of class (3:10-4:40 p.m. for Tuesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1st class and dress warm.**

Instructor: Westminster Ice Arena Staff Ages: 3-5 yrs.
 Fee: \$35 Length: 4 weeks
 Location: Westminster ICE Min: 3 Max: 8

5000.262	Tu	4/13/10	4:00-4:30 p.m.
5000.263	Sa	4/17/10	10:45-11:15 a.m.
5000.264	Tu	5/11/10*	4:00-4:30 p.m.
5000.265	Sa	5/15/10*	10:45-11:15 a.m.

*No class on 5/29 and 6/2

ICE SKATING FOR TOTS

Join the fun at Westminster ICE! Beginning ice skating made fun and easy. Learn to march, glide, fall down and get up properly. Includes skate rental, 30-minute lesson, free practice on day of class (3:10-4:40 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1st class and dress warm.**

Instructor: Westminster Ice Arena Staff Ages: 3-5 yrs.
 Fee: \$35 Length: 4 weeks
 Location: Westminster ICE Min: 3 Max: 8

5000.266	W	4/14/10	5:00-5:30 p.m.
5000.267	Sa	4/17/10	10:45-11:15 a.m.
5000.268	W	5/12/10*	5:00-5:30 p.m.
5000.269	Sa	5/15/10*	10:45-11:15 a.m.

*No class on 5/29 and 6/2

BEGINNING ICE SKATING

Catch the Olympic spirit! Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (3:10-4:40 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1st class and dress warm.**

Instructor: Westminster Ice Arena Staff Ages: 6-16 yrs.
 Fee: \$35 Length: 4 weeks
 Location: Westminster ICE Min: 3 Max: 12

5000.270	W	4/14/10	5:00-5:30 p.m.
5000.271	Sa	4/17/10	11:15-11:45 a.m.
5000.272	W	5/12/10*	5:00-5:30 p.m.
5000.273	Sa	5/15/10*	11:15-11:45 a.m.

* No class on 5/29 and 6/2

BEGINNING ICE SKATING FOR ADULTS

Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (7:15-8:15 p.m.), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1st class and dress warm.**

Instructor: Westminster Ice Arena Staff Ages: 17 yrs. +
 Fee: \$35 Length: 4 weeks
 Location: Westminster ICE Min: 3 Max: 12

5000.274	W	4/14/10	6:45-7:15 p.m.
5000.275	W	5/12/10*	6:45-7:15 p.m.

*No class on 6/2

ICE HOCKEY SKATING SKILLS

Want to play hockey but don't know where to start? Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class (3:10-4:40 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1st class and dress warm.**

Instructor: Westminster Ice Arena Staff Ages: 6-16 yrs.
 Fee: \$35 Length: 4 weeks
 Location: Westminster ICE Min: 3 Max: 12

5000.276	W	4/14/10	5:30-6:00 p.m.
5000.277	Sa	4/17/10	10:45-11:15 a.m.
5000.278	W	5/12/10*	5:30-6:00 p.m.
5000.279	Sa	5/15/10*	10:45-11:15 a.m.

* No class on 5/29 and 6/2



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RECREATIONAL CLASSES

TENNIS

TINY TOT TENNIS

Introduce your little one to a great sport taught by Becky Recavarren, a member of the United States Professional Tennis Association. Her half hour class focuses on general motor skills development. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren, USPTA

Fee: \$33

Location: Park West Park

Ages: 4-7 yrs.

Length: 5 weeks

Min: 6 Max: 15

6000.201	Tu	4/6/10	4:00-4:30 p.m.
6000.202	W	4/7/10	4:00-4:30 p.m.
6000.203	Th	4/8/10	3:30-4:00 p.m.
6000.204	Tu	5/11/10	4:00-4:30 p.m.
6000.205	W	5/12/10	4:00-4:30 p.m.
6000.206	Th	5/13/10	3:30-4:00 p.m.



BEGINNING JUNIORS

Taught by Becky Recavarren, a member of the United States Professional Tennis Association, your junior tennis star will learn the basics while at the same time develop a lifetime enjoyment for the sport. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren, USPTA

Fee: \$53

Location: Park West Park

Ages: 7-15 yrs.

Length: 5 weeks

Min: 6 Max: 15

6000.207	Tu	4/6/10	4:30-5:30 p.m.
6000.208	W	4/7/10	4:30-5:30 p.m.
6000.209	Sa	4/10/10	8:00-9:00 a.m.
6000.210	Tu	5/11/10	4:30-5:30 p.m.
6000.211	W	5/12/10	4:30-5:30 p.m.
6000.212	Sa	5/15/10	8:00-9:00 a.m.

INTERMEDIATE/ADVANCED JUNIORS

Becky Recavarren, a member of the United States Professional Tennis Association, will guide your developing junior tennis player through this course which covers more advanced strokes and scoring, including drills and actual playing. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren, USPTA

Fee: \$53

Location: Park West Park

Ages: 7-15 yrs.

Length: 5 weeks

Min: 6 Max: 15

6000.213	Tu	4/6/10	5:30-6:30 p.m.
6000.214	W	4/7/10	5:30-6:30 p.m.
6000.215	Tu	5/11/10	5:30-6:30 p.m.
6000.216	W	5/12/10	5:30-6:30 p.m.

BEGINNING/INTERMEDIATE ADULTS

Becky Recavarren has the skills needed to help you begin or resume your adult tennis interest. This course covers strokes and scoring, including drills, serving, forehand, backhand, and volleys. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren, USPTA

Fee: \$53

Location: Park West Park

Ages: 16 yrs. +

Length: 5 weeks

Min: 6 Max: 15

6000.217	Tu	4/6/10	6:30-7:30 p.m.
6000.218	Sa	4/10/10	9:00-10:00 a.m.
6000.219	Tu	5/11/10	6:30-7:30 p.m.
6000.220	Sa	5/15/10	9:00-10:00 a.m.

INTERMEDIATE/ADVANCED JR. TOURNAMENT PLAY

Instructor permission required for this class. Juniors will play match-play specific games, along with playing matches.

Instructor: Becky Recavarren, USPTA

Fee: \$53

Location: Park West Park

Ages: 10-16 yrs.

Length: 5 weeks

Min: 6 Max: 15

6000.221*	Th	4/8/10	4:00-5:15 p.m.
6000.222*	Th	5/13/10	4:00-5:15 p.m.

***Instructor Permission Only**

"Coach is gifted at teaching kids of all levels. Makes the kids love the sport." – Coreen Correa, Parent.

VISUAL, PERFORMING & CULTURAL ARTS



Cultural Arts Commission

Kelly Cao, Chairperson
Miriam Aguillares, Vice Chairperson
Mimi Lozano Holtzman
Larry Luera
Gloria Reyes
Ginger Waugh-Borden, Alternate
Nhi Van Ho, Alternate
Loretta Krippner, Alternate
Linh Nguyen, Alternate
Peter Nguyen, Alternate

BLAKEY HISTORICAL PARK & MUSEUM - Call Joy L. Neugebauer at (714) 891-2597. Blakey Park is located at 8612 Westminster Blvd., just east of Newland Street. The museum and park feature a variety of displays depicting the everyday life of persons living here during the late 19th and early 20th centuries. The Westminster Historical Society operates the park, with museum hours on the first Sunday afternoon of the month from 1:00 to 4:00 p.m. For guided tours, special arrangements can be made to accommodate your group. Students of all ages are welcome to do research at the Museum. If you would like to become a member and help preserve our common heritage for future generations, drop by the Museum or call the number listed above.

LAS TAPATIAS FOLKLORIC DANCERS - Call Julia Martinez at (714) 893-2784. Audiences enjoy Las Tapatias' colorful costumes and spirited Mexican dances. All ages participate. Children begin dancing at an early age, but adult performers are also welcome. Las Tapatias rehearses at the Westminster Community Services Building, Craft Room on Wednesdays at 7:00 p.m. Call to join the group, attend a performance, or to schedule them to entertain for your event.

VIETNAMESE CULTURAL PROGRAMS - Call Professor Chau Van Nguyen, Program Director, at (714) 531-4907, or (714) 240-0475 (cell). Traditional Vietnamese music, song and dance are performed by multi-talented Vietnamese artists. Musicians who perform on traditional instruments, such as the monostring, two-string fiddle, bamboo flute, and other instruments, are available to entertain along with the colorful drum dancers, dragon dancers, youth, and adult choirs.

WESTMINSTER CHORALE - Call Theresa Thurston at (714) 995-8180. The Chorale performs a variety of music that includes patriotic, show tunes, religious, country western, jazz, and operettas. Rehearsals are held weekly on Mondays at 7:00 p.m. in the Senior Center dining room, Civic Center, 8200 Westminster Blvd. Call to find out how you can book this dynamic chorale for your event or ask about performance dates.

WESTMINSTER COMMUNITY THEATER - Call Rhonda at (714) 527-5546. The theater is located at 7272 Maple Street. WCT has been entertaining local audiences with live theater for over 30 years. Productions feature fine family entertainment with comedies, musicals, and plays each season. Phone Rhonda for tickets or current show information.

NICHOLSON PIPES & DRUMS - Call Malcolm Willis at (714) 891-9445 and ask the operator to page him. This award-winning Scottish bagpipe band marches in parades, plays at a variety of special events, holds annual concerts, takes part in regional and national competitions, and is available for bookings at any private party or public event. New musicians are welcomed into the group and quickly become part of this fantastic band. Just call Malcolm for current information on bookings, rehearsals, lessons, and performances.

ORANGE COUNTY CHILDREN'S THEATER - Call (714) 502-2244. This group of talented young actors, singers, dancers, and their parents has been active in the Southland area for more than 20 years. This theater organization is for children, by children, and is open to all young people ages 5 through 18. Parent involvement is required. Call now to get on their mailing list so you will not miss productions or auditions.

CLASS ACT - Call Alicia Cain at (714) 593-1501 to book this group of Senior Citizen singers, or to get information on how to become a member.

ORANGE COUNTY ROSE SOCIETY - Call Tom Cooney at (949) 362-2710 or visit our website at <http://www.websightstech.com/ocrs/>. Join this group of rose lovers and increase your knowledge of growing roses in your garden. The Orange County Rose Society (OCRS) is a group of people who grow and enjoy roses and is dedicated to fostering the enjoyment, enhancement, and education of the rose. OCRS is affiliated with the American Rose Society. OCRS holds monthly meetings on the first Thursday of each month, except for July and August. Monthly meetings include educational presentations on the care of roses. You'll also have access to have your questions answered by American Rose Society certified Consulting Rosarians.

ROSE CENTER FOUNDATION - The Rose Center Foundation is a non-profit organization that administratively operates the beautiful, new, 419 seat Rose Center Theater located within the Westminster Rose Center at 14140 All American Way. State-of-



the-art performances are held in the theater throughout the year. To contact the Rose Center for information please call Mayor Margie L. Rice at: 714-548-3183 or 714-893-1732. For event and ticket information, please call the theater Box Office at 714-793-1150. www.rosecentertheater.com

WESTMINSTER TOASTMASTERS - Call William "Bill" or Carol Ostashay at (714) 897-2737. Join this group of orators and become a professional speaker. Whether already a skilled professional, a leader-in-training, or even a parent who wants to improve his/her speaking skills, this organization can help you learn how to relax, plan, and present your ideas more professionally. A member organization of Toastmasters International, members compete and perform at various functions.



INFORMATION FOR SENIORS

COMMISSION ON AGING

Vince Agor, Chairperson
 Nora Barajas
 Phil Hodgetts
 Jerry Meade
 Vince Petronzio
 Ginger Waugh-Borden
 Erwin Vysma, Alternate

The Westminster Senior Center is a focal point for seniors, offering an array of services and activities. Listed below are the types of services offered. If you desire additional information, please call the Senior Center at (714) 895-2878, Monday – Thursday, 7:30 a.m. – 5:30 p.m., and Fridays 7:30 a.m. – 4:30 p.m., and alternate Fridays 8:00 a.m. – 1:00 p.m.

SERVICES

The Westminster Senior Center offers a variety of services such as:

- Blood Pressure Testing
- Commodities Distribution
- File of Life
- Home Meals
- Information and Referrals
- Free Legal Services
- Westminster on Wheels (WOW) Shuttle
- Health Screening
- Westminster on Wheels (WOW) Van Transportation
- H.I.C.A.P (Health Insurance Counseling and Advocacy Program)

For more information on any of these services, please visit our website at www.westminster-ca.gov, go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

Adult Public Health Nursing Services (APHNS)

These short seminars are held on Wednesdays at 11:00 a.m. They are free & informative.

April 7	Fall Prevention
May 5	Benefits of Exercise
June 2	Caregiving

SENIOR FITNESS

Join one of the following weekly exercise classes, designed specifically for older adults.

Aerobics	Monday	10:00 a.m.
Adult Fitness	Tuesday & Wednesday	10:00 a.m.
Beg. Adult Fitness	Tuesday & Thursday	12:30 p.m.
Balance & Mobility	Tuesday & Thursday	8:45 a.m.
Longevity Stick	Monday & Thursday	9:00 a.m.
Tai Chi	Friday	9:00 a.m.
Dance Aerobics 2*	Thursday	9:00 a.m.
Dance Aerobics 2/3*	Thursday	3:00 p.m.
Dance Aerobics 3*	Thursday	10:30 a.m.
Dance Aerobics 4*	Tuesday & Thursday	12:45 p.m.
Stretch and Flex*	Tuesday	9:30 a.m.
Low Impact Aerobics*	Tuesday	10:45 a.m.
Low Impact Aerobics 1*	Monday	1:00 p.m.
Yoga for Health*	Monday	2:45 p.m.
Mental Gymnastics*	Wednesday	9:30 a.m.

*These classes are fee-based and require advanced registration through Huntington Beach Adult School. Please call 714-901-8106 ext. 4405 for registration information.

Diabetes Education and Support Group (APHNS)

Facilitated by Jane Hannah, R.N., certified diabetes educator. The group meets the 3rd Wednesday of each month from 12:30 a.m. to 2:00 p.m. Everyone is welcome to attend. Current topics to be discussed are:

March 17	Diabetes and your eyes
April 21	Medications and Diabetes
May 19	Foot Care
June 16	Carb Counting

PROGRAMS & CLASSES

DAILY DINING

Try our hot meals offered Monday through Friday in our Senior Center Dining Room. If you are 60 years or older (or married to someone who is), the suggested donation is only \$2.50 for the hot lunch. No reservation is necessary, but come early to assure a place! Serving time is 11:45 a.m. Pick up a “Senior Spotlight” for only 50 cents at the Senior Center for the month’s menu, which is also on the city’s website at:

www.westminster-ca.gov

ACTIVITIES FOR SENIORS



SAFETY DRIVING PROGRAM

This AARP sponsored refresher course for drivers is taught by a trained instructor. Class meets for 8 hours over a 2-day period, from 8:30 a.m. to 12:30 p.m.. The fee is \$12 per person if you are a member of AARP and \$14 per person if you are not a member. Registration is required. Please make checks payable to AARP. Classes will be held on the following dates:

April 1 and 2

June 17 and 18

We Offer Many More Senior Programs & Classes Such As:

- Crocheting and Knitting
- Longevity Stick
- Balance & Mobility
- Dinner Group
- Bridge Club
- Chess Club
- Mah Jongg
- Sudoku

For more information on any of these programs, please visit our website at www.westminster-ca.gov, go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

FREE MOVIE FRIDAYS!

Every Friday at 9:15 a.m. a movie is shown. There is no charge for the screening. The "Senior Spotlight" lists the movies monthly.

WESTMINSTER SENIOR CENTER FOUNDATION

The Westminster Senior Center Foundation (WSCF) was incorporated in December 2002. The Foundation's mission is "To engage in charitable activities and to assist (both financially and otherwise) the Westminster Senior Center and its programs."

Even more recreational classes for Seniors!

Beginning Piano - Page 16

Yoga for Seniors - Page 21

...and much more!

TRIPS AND EXCURSIONS

Call the Senior Center or stop by for specific trip details. Day trips and overnight trips are offered. Prices for overnight trips are based on double occupancy. A few single rooms may be available at a higher rate. Note: Prices on all excursions are approximate and may vary. Trips fill quickly. Sign up early at the Reception Desk to reserve your spot.

The following excursions are being planned for your enjoyment:

Buffalo Bill's	March 22-23	\$52/double \$66/single
Pala Indian Casino	April 13	\$17
Lawrence Welk Theatre "Footloose"	May 6	\$79
Casino Hop Mystery Trip	May 20	\$44
Laughlin at Riverside	June 13-15	\$87/double \$107/single
Yosemite Tour	June 21-23	\$399/double \$520/single
San Manuel Casino	June 29	\$15
Pageant of the Masters	July 14	\$55



NEW EXERCISE EQUIPMENT!

Come try out the new exercise equipment outside the Senior Center!

VOLUNTEERS ARE NEEDED!

If you are interested in volunteering, please call Claire Hutchinson at (714) 895-2878.



CITY NEWS

WESTMINSTER YOUTH COMMITTEE

The Westminster Youth Committee addresses the needs of the City's young people through volunteering, while promoting a sense of civic pride. Organizing and implementing youth-focused programs and volunteering their time to established city programs and events, the current members offer unique and diversified perspectives.

For more information on the Westminster Youth Committee, please visit the City's website at www.westminster-ca.gov, or call the Community Services and Recreation Department at 714.895.2860. And be sure to check us out on Facebook.

The current Youth Committee Members are:

Tiffany Chu, Fountain Valley High School

Andrew Duong, Westminster High School

Katherine Duong, Westminster High School

Kim Huynh, Westminster High School

Kevin Lam, Westminster High School

Krystal Lam, Westminster High School

Thanh Ngo, La Quinta High School

Candice Nguyen, Westminster High School

Duc Nguyen, Westminster High School

Brian Keleman, La Quinta High School, Alternate

Stephanie Le, Westminster High School, Alternate

Shirene Shoushtarizadeh, Marina High School, Alternate

Charlene Tran, La Quinta High School, Alternate

WATER CONSERVATION ORDINANCE

In February 2009 Governor Schwarzenegger declared a statewide water emergency. California is in the midst of a decade long drought and the state's water supply has been cut. Water Conservation Ordinance No. 2449 which outlines permanent water restrictions effective immediately.

- No outdoor watering between hours:
June – September 8 a.m. – 6 p.m.
October – May 9 a.m. – 5 p.m.
- Water no longer than 15 minutes, per irrigation station per day
- No excessive water run-off
- No washing down hard or paved surfaces
- Fix water leaks within 7 days
- Decorative water features must use re-circulating water
- When washing vehicles must use self-closing positive shut-off nozzle on garden hose
- Restaurants must serve water upon request only
- Commercial lodging establishments must provide guests option to decline daily linen service
- Commercial car washes & laundries must use re-circulating water systems
- Restaurants are required to use water conserving pre-rinse spray valves

The Westminster Water Division is available to help you save water at home and at work. Call (714) 895-2876 to schedule a water audit. Visit http://www.mwdoc.com/Water_Use_Efficiency.html to get information about water conserving appliances and landscape irrigation devices that will save water.

H2O TIPS to save 20 gallons a day!

Activity

Wash full loads of laundry

Turn off water while brushing teeth

Take 5 minute showers

Running dishwasher only when full

Clean driveway with a broom instead of hose

Watering late at night or early in the morning

Fixing leaking toilets / using low flow showerheads

Reduce outdoor watering

Water Saved

15 gallons per load

2 gallons per minute

10 gallons per shower

3 gallons per load

20 gallons per minute

20 gallons per day

20 gallons per day

40 gallons per day

CITY NEWS



CALIFORNIA FRIENDLY LANDSCAPE TRAINING PROGRAM

This training covers the basics of landscape design and is offered as either a four-part series, or a four-hour condensed mini-class. California native and California Friendly plants are featured. The four topics covered are:

Basic Landscape Design Landscape Sprinkler Systems
Landscape Plants Landscape Watering & Fertilizing

Contact Beth Fahl from the Municipal Water District of Orange County at (714) 593-5015 for details, or visit www.mwdoc.com/CFLT.htm

United States Census 2010

The 2010 Census is a count of everyone living in the United States and is mandated by the U.S. Constitution. Census data is used to distribute Congressional seats to states, to distribute more than \$400 billion in federal funds to local, state and tribal governments

each year and to make decisions about what community services to provide. The 2010 Census questionnaire will be one of the shortest in history and consists of 10 questions, taking about 10 minutes to complete. Strict confidentiality laws protect the confidentiality of respondents and the information they provide.

COMMUNITY EMERGENCY RESPONSE TEAM



The CERT program is a basic emergency readiness training program designed to prepare individuals to help themselves and their family in case of an emergency or catastrophic disaster. CERT training is available to residents, businesses, churches, and civic groups, who work or live in Westminster, Cypress, Seal Beach, La Palma, Los Alamitos and Buena Park.



This is a fun, hands on course that allows each individual to practice and test their skills. The course includes training in home preparedness, fire suppression, hazardous materials safety, disaster medical operations, search and rescue, terrorism awareness, disaster psychology, and CERT team organization. Upon completion of the course, CERT participants will receive a certificate of completion.

For more information or to register, please contact Rebecca Barlow at the Westminster Police (714) 548-3761 or e-mail: Rbarlow@westminster-ca.gov

Fee: \$25.00 due the first day of class

Ages: 17+

Location: Los Alamitos Military Base
11200 Lexington Drive Los Alamitos

SCHEDULE

Friday	April 30th	6 p.m.-9 p.m.
Saturday	May 1st	8 a.m.-5 p.m.
Friday	May 7th	6 p.m.-9 p.m.
Saturday	May 8th	8 a.m.-5 p.m.

Did you know?

The Westminster Municipal Code Section 8.20.030 (E) prohibits the storage of "materials, equipment, household appliances, junk, trash or debris stored in any yard area..."

Also, according to the Westminster Municipal Code Section 8.26.020, "powered yard equipment is permitted eight a.m. to six p.m., Monday through Friday and nine a.m. to six p.m. on Saturdays." It further states, "for commercial, industrial, and recreational areas within two hundred feet of a residential area, the hours and days are the same.." for residential areas.

For more information, please call Code Enforcement at 714.548.3246

Register for classes online at www.activenet.active.com/westminster (714) 895-2860



CITY NEWS



Dryer Safety

www.ocfa.org

The U.S. Consumer Product Safety Commission estimates that in 1998, clothes dryers were associated with 15,600 fires, which resulted in 20 deaths and 370 injuries. Fires can occur when lint builds up in the dryer or in the exhaust duct. The build-up of lint can block the flow of air, cause excessive heat build-up, and result in a fire in some dryers.

What Causes Dryer Fires?

Clothes dryers must vent hot air from the dryer to the outside of the house. Lint becomes detached from the clothes and is carried out through the exhaust. If lint builds up in the exhaust pipe or inside the dryer, it slows the air movement through the dryer and out the exhaust. The slower air movement causes more lint to collect on the backside of the dryer drum, on the dryer motor, or on the electrical connections inside the dryer, placing the highly combustible lint on top of and adjacent to heat sources inside the dryer.

Dryer Safety Tips:

- Do not operate the dryer without a lint filter.
- Clean the lint filters before or after each use and remove accumulated lint from around the drum.
- Make sure that the dryer is plugged into an outlet suitable for its electrical needs, as overloaded electrical outlets can result in blown fuses or tripped circuit breakers.
- Turn the dryer off when leaving the home.
- Keep the dryer area clear of combustibles.
- Have gas-powered dryers regularly inspected by a professional to ensure that the gas line and connections are intact.
- Follow manufacturer's instructions for installing the dryer and for maintaining minimum clearances.



For More Information

www.ocfa.org

www.nfpa.org

www.cpsc.gov

www.consumeraffairs.com

www.consumerreports.org

NEW TELEPHONE NUMBERS FOR WESTMINSTER CITY HALL

To better serve our citizens, customers and employees, the City of Westminster is pleased to announce the implementation of our new state-of-the-art telephone system. This new phone system will cut communication cost, link all buildings and departments on a single integrated platform, provide centralized voice mail for all employees, and most importantly City staff will be able to respond to resident inquiries quicker.

The new phone system will allow users to dial City departments directly and callers will notice new options to aid in directing their call. These new direct dial numbers will allow for more timely access to the appropriate department.

Please refer to the list below for the new department telephone numbers:

All numbers are (714) area code:

Mayor & City Council:	548-3240
City Manager:	548-3242
City Clerk:	548-3237
Community Services:	895-2860
Economic Development:	548-3235
Public Information:	548-3236
Building Division:	548-3254
Planning Division:	548-3247
Housing & Grants:	548-3248
Human Resources:	548-3244
Public Works:	895-2876
Public Works Engineering:	548-3243
Senior Center:	895-2878
Finance Department:	548-3238
Water Service:	548-3250
Code Enforcement:	548-3246
Graffiti Hotline:	548-3253

The Westminster Police Department will keep their existing number: (714) 898-3315.

Please visit our City website for more information on our new state-of-the-art telephone system: www.westminster-ca.gov.

Support your City

**Shop Local
Shop Westminster—
It makes Sense!**

Every time you shop in Westminster, one cent of every dollar you spend goes straight to your city's public services including your Police Department! Why spend your dollars anywhere else?



1. **Protect Local Character and Prosperity**—Westminster is unlike any other city in the world. By choosing to support locally owned businesses, you help maintain Westminster's diversity and authenticity.
2. **Community Well-Being**—Locally owned businesses build strong neighborhoods by sustaining communities, linking neighbors, and by contributing more to local causes.
3. **Local Decision Making**—Local ownership means that important decisions are made locally by people who live in the community and who will feel the impacts of those decisions.
4. **Keeping Dollars in the Local Economy**—Your dollars spent in locally-owned businesses have three times the impact on your community as dollars spent at national chains. When shopping locally, you simultaneously create jobs, fund more city services through sales tax, invest in neighborhood improvement and promote community development.
5. **Entrepreneurship**—Entrepreneurship fuels Westminster's economic innovation and prosperity, and serves as a key means to upward mobility. Locally owned businesses also create more jobs locally and, provide better wages.

Next time you buy a car, a television, or bag of groceries, make sure you do it in Westminster.



LIBRARY

WESTMINSTER BRANCH LIBRARY

8180 13th Street, Westminster, CA 92683

(714) 893-5057

HOURS: Monday-Thursday 10:00 a.m.-9:00 p.m.

Friday and Saturday- 10:00 a.m.-5:00 p.m.

Sunday- 12:00-5:00 p.m.

CHILDREN'S PROGRAMS

Throughout the year we host Preschool Storytime every Wednesday at 10:30 a.m., Toddler Storytime every Wednesday at 11:00 a.m. and Family Storytime every Saturday at 10:30 a.m. Join us every Wednesday for stories, songs and crafts. Join us each Saturday morning for stories, songs & crafts. All ages are welcome! Storytimes give children and families an opportunity to enjoy stories, songs, and crafts to help your child develop a love of books, reading and a lifetime of educational skills!

In addition to regularly scheduled storytimes, the Library offers free Homework Help during the school year. We are looking for Teen Volunteers to assist us with this, earn classroom credit, a rewarding experience, and a sense of accomplishment helping students in their Community. If your child needs help with homework or a research project, come to the Information Desk to ask about the Homework Help program and schedule.

Don't forget on your visit to the Library to apply for a free library card. Library cards enable you to use the Internet computers and check out materials for free!

Every second Monday of each month at 3:30 p.m. we offer a Handicraft Afternoon. Kids up to age 18 are invited to participate and be creative during these special craft days.

TEEN PROGRAMS

We have great teen events all year long, such as Poetry Readings, Movie Nights and SAT Preparation classes. We are always looking for interested Teens to become members of our Teen Advisory Board, where you are able to recommend books, magazines & media for the Library, programs you'd like to see presented and contests you would like us to have at the Library. In late April, there will be a Poetry Reading for National Poetry Month. There are many Teen Volunteer opportunities at the Library! We are always looking for volunteers and Homework Helpers, so sign up at the Library and get started on a rewarding experience! Check the Events Calendar on the Library website, <http://www.ocpl.org>, or call our Teen Librarian, Elizabeth, at (714) 893-5057 for more information about Teen programs.

ADULT PROGRAMS

The Westminster Library offers Beginner's Internet and Email classes. These classes are for people with little or no computer experience. Please call or stop in to check the schedule of classes we offer and to register for these classes.

The WESTMINSTER BRANCH BOOK CLUB meets on the third Tuesday of each month at 10:30 a.m. If you are interested in joining our friendly group, please feel free to stop in for light refreshments and a lively discussion of the group's choice of books. To get started just stop by the Library to pick up your copy of the monthly selection. All are welcome!

SPRING EVENTS

Poetry Reading during April for National Poetry Month. Check our schedule.

National Library Week events to celebrate Libraries. This will take place in April.

The 2010 Imagination Celebration runs from April 17th to May 23rd. This Arts Festival, in its 25th year, gives children and families a chance to get creative and explore the arts in new ways. The Westminster Library supports this endeavor and will be participating by offering extra special arts & crafts programs and by displaying artwork created by children in our local schools.

Join us in celebrating Children's Books Week May 9th. We'll have special events all week long commemorating this week.

Wednesday, April 21, 2010 at 3:30 pm, we'll have an Earth Day Tote Bag craft. Children and Teens are invited to decorate their own reusable, earth-friendly canvas tote bag. All supplies are included—just show up, be creative and take home a self-decorated Tote Bag!

Wednesday, April 28th 3:30 pm Imagination Celebration craft

Wednesday, May 5th 3:30 pm Imagination Celebration craft

Tuesday, May 11th 3:30 pm Afterschool Storytime in celebration of Children's Book Week

Wednesday, May 12th 3:30 pm Imagination Celebration craft

Thursday May 13th 3:30 pm Afterschool Storytime in celebration of Children's Book Week

CITY EVENTS



CHILDCARE FACILITIES

Westminster Nursery School

(714-893-7979) Location: Bolsa Chica Park, 13660 University Ave.

Westminster Nursery School is a parent-participation pre-school. www.ccppns.org/wns

Open House: March 24, 2010 Wednesday, 10am-noon
Open enrollment throughout year and advance registration for Fall 2010.

Programs offered are:

Pre-K (Mon/Wed/Fri 9am-noon)

Must be 4 by December 2nd

Registration: \$80

Monthly: \$130

2-day (Tue/Thur 9am-noon)

Must be 3 by December 2nd

Registration: \$80

Monthly: \$90

Parent & Me (Wed: 12:30-1:30 pm)

Must be 2

Registration: \$25

Monthly: \$20

Westminster School District Child Care Services

Land School

Pre-school services are offered at Land School. The child care program is from 6:00 a.m.-6:00 p.m., Monday - Friday. Children from 3-5 years are welcome, but they must be potty-trained. The cost varies based on the number of days and times care is needed. For more information, please call Land School at (714) 898-8389.

The following schools in the Westminster School District offer child care services from 6:00 a.m. to 6:00 p.m.: Clegg, DeMille (no morning care), Eastwood, Finley, Fryberger, Hayden, Meairs, Sequoia, Schmitt (no morning care), and Schroeder.

Fees vary based on the type of care needed. Please contact Westminster School District Child Development Programs office at (714) 898-8389 for more detailed information.



The City of Westminster & the Cultural Arts Commission
present

WESTMINSTER'S "SHINING STARS" YOUTH ART CONTEST

All entries will receive recognition at the Cultural Arts Commission meeting on April 1st at 6:30 p.m. in the Council Chambers, 8200 Westminster Blvd.
Art work will be on display at the Westminster Mall from April 5th through April 12th.

CONTEST RULES:

1. One entry per student
2. Students must be in the 1st through 12th grade and live or attend school in the City of Westminster.
3. Entries may include artwork compatible with any form of art paper, construction paper, poster board or canvas. Ink, pencil, pastel, charcoal, chalk, crayon, watercolors, acrylics or oil paints are all acceptable. The student's name, address, phone number, school and grade must be on the back of the entry. There is no particular theme. Students may submit art on any subject appropriate to their age group. **Art work should be original, an individual piece and ready to hang.** All entries must be submitted by 5:00 p.m. on Monday, March 22 to:

Westminster Community Services Department
8200 Westminster Blvd.
714-895-2860



Registration begins March 29, 2010

There are 3 easy ways to register for classes . . .

ON-LINE

On-line registration is just a click away...

Please visit
www.activenet.active.com/westminster

You will need to pay by credit card to register on-line.

MAIL-IN

Mail completed form & payment to:

Westminster Community Services
& Recreation Department
8200 Westminster Blvd.
Westminster, CA 92683

Make checks payable to:
City of Westminster

WALK-IN

Visit us...

Westminster Community
Services & Recreation
Department at 8200
Westminster Blvd.

7:30 a.m. – 5:30 p.m.
Monday – Thursday
7:30 a.m. – 4:30 p.m.
Alternate Fridays

General Information & Refund Policy

- × No registration taken at classes.
- × Refunds will be issued approximately 4 weeks following the request.
- × Refunds must be requested before the end of the 2nd class meeting.
- × Activities canceled by the department will be given automatic refunds.
- × Please note: Due to the nature of the activities, there are no refunds on excursions, youth sports and aquatics.

SATISFACTION GUARANTEED

The City of Westminster Community Services and Recreation Department is continually striving to provide the highest quality recreation activities, event and programs, and offers a money back guarantee on all our classes.

If you are not completely satisfied, before the end of the 2nd class meeting, tell us and we will arrange for you to:

- × Repeat the class at no charge, -or-
- × Transfer to a different class, -or-
- × Receive a full refund

Applications for refunds may be made in person, by calling (714) 895-2860, or in writing. Your suggestions and comments are appreciated; they will help us do the best job possible.



Community Services and Recreation Department Registration Information

Registration Form

Community Services & Recreation Department

All information is required. Please Print.

Parent/Adult Name: First _____ Last _____

Address _____ Birth _____

City/State/Zip _____ Date _____

Email address _____ Phone () _____

Cell _____

Phone () _____

Name of Participants		Birth Date	Sex	Activity Number	Name of Activity	Fee
First	Last					
TOTAL FEES						

Do any of the listed participants have any special needs, limitations, and/or allergies? Yes ☐ No ☐

If yes, please explain: _____

Liability and Publicity Release

For and in consideration of permitting _____ to enroll in and participate in the recreational program entitled, _____ sponsored by the City of Westminster, Department of Community Services, the Undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, property damage or wrongful death occurring to him/herself arising as a result of participation in said recreational program or any activities incidental thereto wherever or however the same may occur and for whatever period said program may continue, and the Undersigned does for him/herself, his/her heirs, executors, administrators and assigns hereby release, waive, discharge and relinquish any action or cause of action, which may hereafter arise for him/herself and for his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute or present any claim for personal injury, property damage or wrongful death against the City of Westminster and its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees for any of said causes of action, whether the same shall arise by the negligence of any of said persons, or otherwise.

IT IS THE INTENTION OF _____ BY THIS INSTRUMENT, TO EXEMPT AND RELIEVE THE CITY OF WESTMINSTER AND THE RELATED PARTIES MENTIONED HEREIN, FROM ALL LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY THE NEGLIGENCE OF ANY PERSON OR ENTITY.

The Undersigned, for him/herself, his/her heirs, executors, administrators or assigns agrees that in the event any claim for personal injuries, property damage or wrongful death shall be prosecuted against the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, he/she shall defend, indemnify and save harmless the same City of Westminster and the aforementioned related parties from any claim, cause of action, loss, liability, damage, lawsuit, cost or expense (including reasonable attorney's fees) by whomsoever or wherever made or presented for said personal injuries, property damage or wrongful death.

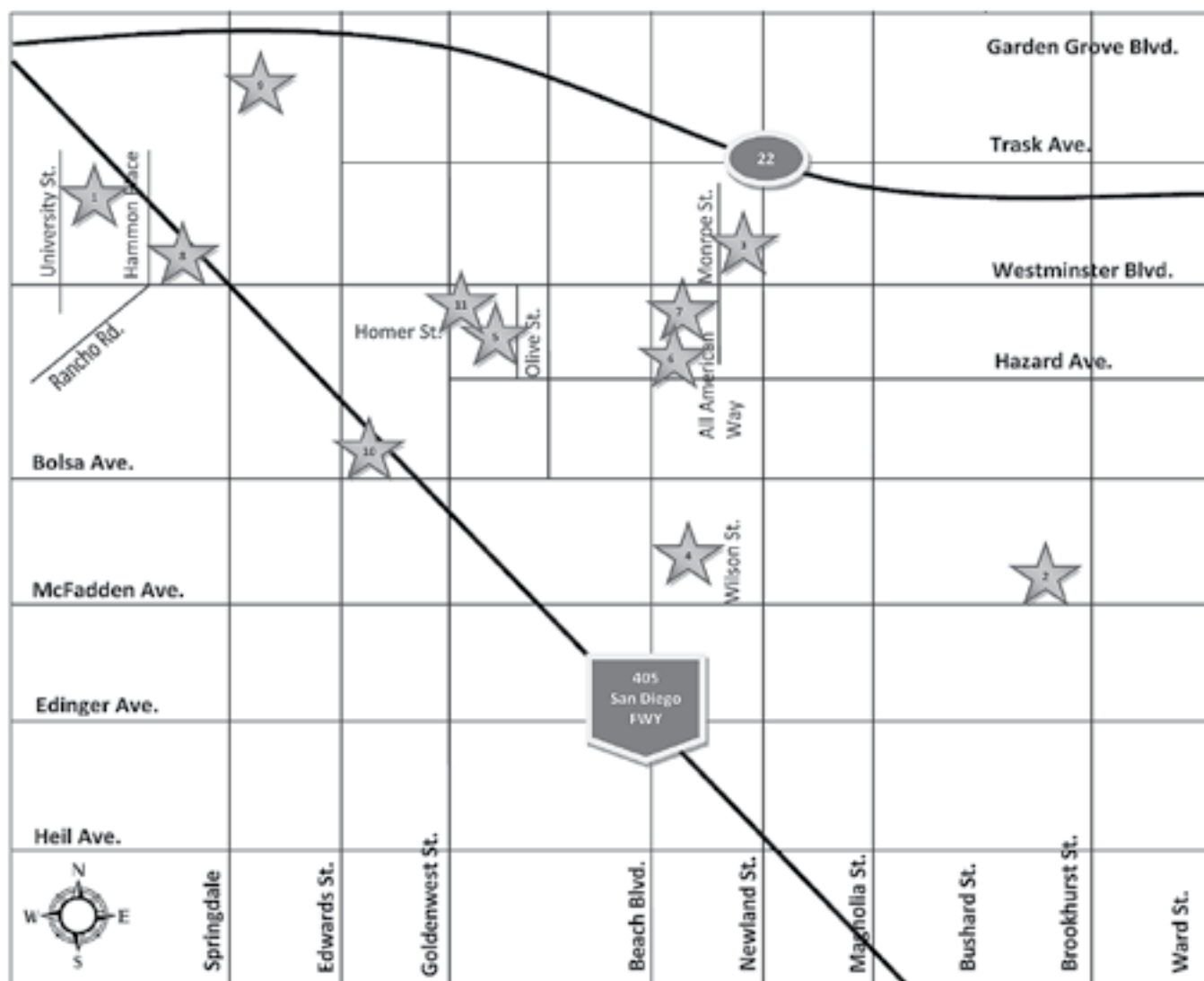
In case of accident or other emergency, the Undersigned hereby gives permission for the City of Westminster and/or its officers, officials, agents, contractors, volunteers, servants or employees, to obtain emergency medical treatment. The Undersigned further agrees to pay any costs incurred as a result of such treatment.

In addition, the Undersigned has been notified that participants involved in City-sponsored community service programs are subject to being photographed or videotaped, and he/she hereby gives permission for the City of Westminster to use such photographs or videotapes on City Department websites and to publicize and promote the City's programs.

The Undersigned acknowledges that he/she has personally read, understands, and voluntarily signs this release and waiver of all liability and indemnity agreement, is fully aware of the potential risks and hazards which are inherently involved in the specified community service program, and in any of the activities, appointments, meetings, or workshops incidental thereto, including but not limited to, any negligent acts performed by the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, negligently created or maintained dangerous conditions of public property, weather conditions, equipment, machinery, playing conditions, other participants, on-site physical premises, structures or substantial works of improvement. The Undersigned voluntarily assumes all risks of loss, damage, or injury associated with his/her participation in the specified recreational program or any activities incidental thereto.

Signature _____ Date _____

Parks & Recreation Facilities Legend



1. Bolsa Chica Park
 2. Elden F. Gillespie Park
 3. Liberty Park
 4. Park West Park
 5. Sigler Park
 6. The Plano Place
 7. WCSB (Westminister Services & Rec. Building)
 8. Westpac Dance Center
 9. Westminister ICE
 10. Westminister Mall
 11. World Class MMA Boxing
- Carden Conservatory Multipurpose Room
 - David L. Baker Golf Center
 - Edgar Park
 - Fountain Valley Music
 - Fountain Valley Senior Center
 - Garden Grove Sports/Recreation Center
 - H. Louis Lake Sr. Center
 - Heartwell Park (Roller Hockey Court)
 - New Hope Academy
 - Rancho Del Rio Stables
 - Stanton Community Center
 - West Grove Park

13660 University St.
9801 McFadden Ave.
13900 Monroe St.
8301 McFadden Ave.
7100 Plaza St.
14441 Beach Blvd. #100
8200 Westminister Blvd.
5905 Westminister Blvd. (714) 893-2623
13071 Springdale (714) 518-3212
1025 Westminister Mall
14042 Locust St. (714) 893-3355
5702 Clark Drive, Huntington Beach (949) 510-1569
10410 Edinger, Fountain Valley (714) 418-1152
12781 Topaz, Garden Grove (714) 741-5200
8740 Warner Ave., Fountain Valley (714) 963-2010
17967 Bushard St., Fountain Valley (714) 899-8611
13641 Deodara, Garden Grove (714) 741-5200
11300 Stanford, Garden Grove (714) 893-2099
5801 E. Parkcrest St. Long Beach, 90808
17270 New Hope St., Fountain Valley (714) 956-8050
1370 So. Sanderson, Anaheim
7800 Katella Ave., Stanton (714) 379-9222
5373 Cerulean, Garden Grove

*MAP IS NOT TO SCALE

Hold your next event at:
Westminister Community Services & Recreation Building

*Wedding Receptions
 *Meetings
 *Birthdays
 and other special events

8200 Westminister Blvd.
 Please call 714.895.2860
 For more information or visit
www.westminister-ca.gov



Gear up for Summer!

JUNE 28-JULY 2

STAR WARS 9:00 a.m.-12:00 p.m.

JULY 5-9

TOP CHEF 9:00 a.m.-12:00 p.m.

JULY 12-16

DESSERT SHOP 9:00 a.m.-12:00 p.m.

JULY 19-23

THE AVATAR 9:00 a.m.-12:00 p.m.

JULY 26-30

LEGO PRE-ENGINEERING 9:00 a.m.-12:00 p.m.

LEGO ENGINEERING 1:00-4:00 p.m.

PROJECT RUNWAY 9:00 a.m.-12:00 p.m.

AUGUST 2-6

HARRY POTTER 9:00 a.m.-12:00 p.m.

BAUBLES AND BLING 9:00 a.m.-12:00 p.m.

SUMMER OF ART 1:00-2:30 p.m.

AUGUST 9-13

PHOTOGRAPHY 9:00 a.m.-12:00 p.m.

AUGUST 16-20

MYTHBUSTERS 9:00 a.m.-12:00 p.m.

AUGUST 23-27

MUSICAL THEATER 9:00 a.m.-12:00 p.m.

AUGUST 30-SEPTEMBER 3

OUR LITTLE STARS 9:00 a.m.-12:00 p.m.

SUMMER OF ART 1:00-2:30 p.m.



Camps begin June 28!

Call the Westminster Community Services & Recreation Department at 714.895.2860 for more information



Office Hours: Monday– Friday, 8:00 am-5:00 pm

Location: Sigler Park, 7200 Plaza St.,

Westminster, CA 92683

Phone: (714) 903-1331

Families and Communities Together (FaCT) is a partnership between the County of Orange Social Services Agency and Orangewood Children's Foundation. FaCT receives federal, state, and county funds including Promoting Safe and Stable Families, California Department of Social Services/ Office of Child Abuse Prevention, Governor's Office of Emergency Services, and the Children and Families Commission of Orange County.

El Centro de Recursos Familiares de Westminster ofrece los siguientes servicios ¡GRATIS!

- ♦ Representación Familiar
- ♦ Programa de Superación Personal
- ♦ Consejería en Violencia Doméstica
- ♦ Información y Referencias
- ♦ Talleres de Educación para Padres de Familia
- ♦ Promoción y Apoyo para Adopciones
- ♦ Servicios para Reunificación de Familias
- ♦ Servicios Dentales
- ♦ Programa para recibir Alimentos
- ♦ Programa de Asistencia en Emergencias
- ♦ Programas para Después de Escuela
- ♦ Servicios de Administración de Casos
- ♦ Consejería Individual y para Familias

**NEW LOCATION: SIGLER PARK
7200 PLAZA ST., WESTMINSTER, 92683**



The Westminster Family Resource Center offers the following Services for **FREE!**

- ♦ Family Advocacy
- ♦ Personal Empowerment Program
- ♦ Domestic Violence Counseling
- ♦ Information & Referral
- ♦ Parent Education Workshops
- ♦ Adoption Promotion & Support
- ♦ Family Reunification Services
- ♦ Dental Services
- ♦ Emergency Food Program
- ♦ Emergency Assistance Program
- ♦ After School Enrichment Programs
- ♦ Case Management Services
- ♦ Individual and Family Counseling



The Westminster Family Resource Center is a community collaborative:

ABRAZAR, INC.
(TO EMBRACE)



Trung Tâm Trợ Giúp Gia Đình Westminster phục vụ **MIỄN PHÍ** những dịch vụ sau đây:

- ♦ Bệnh Vực Gia Đình
- ♦ Chương Trình Đào Tạo Khả Năng Cá Nhân
- ♦ Cố Vấn Về Bạo Hành Trong Gia Đình
- ♦ Thông Tin & Giới Thiệu
- ♦ Hội Thảo Dành Cho Phụ Huynh
- ♦ Khuyến Khích & Hỗ Trợ Dịch Vụ Nhận Con Nuôi
- ♦ Dịch Vụ Đoàn Tụ Gia Đình
- ♦ Dịch Vụ Nha Khoa
- ♦ Chương Trình Thực Phẩm Khẩn Cấp
- ♦ Chương Trình Trợ Giúp Khẩn Cấp
- ♦ Chương Trình Sau Giờ Học
- ♦ Dịch Vụ Phụ Trách Các Vấn Đề
- ♦ Dịch Vụ Cố Vấn Cá Nhân Và Gia Đình